

# KIRSTEN'S PRETTY CLOTHES

FLANNEL  
UNDERWEAR

SCHOOL DRESS  
AND SHAWL

NIGHTGOWN



APRON  
DRESS

SUNBONNET



SPOON BAG



# KIRSTEN'S PATTERNS



In the summer of 1854, Kirsten Larson and her family arrived in America and settled on the edge of the frontier. Kirsten brought her **spoon bag** from Sweden, where families had just enough knives and forks for their own families. When they went visiting, they took their own silverware with them in spoon bags. In America, Kirsten wore a **sunbonnet** in the hot prairie sun.

Kirsten's log schoolhouse in America was heated only by a small pot-bellied stove. To keep warm, Kirsten bundled up in a **shawl**. Her red calico **school dress** was made by hand from material left over from a dress Mama had worn. Mama wanted the dresses to last a long time, so she always put a "grow stripe" at the bottom that could be let down as Kirsten grew.



In the winter, Kirsten wore flannel underwear under her dresses. Her **chemise** came down almost to her knees, and her **petticoat** had a deep quilted border for added warmth. On cold nights, Kirsten would bundle up in her long, warm **nightgown**.

Kirsten felt so good when the weather was warm enough for summery clothes. She wore a fresh



white **apron** over her pink checked **summer dress** on her birthday.

On the American frontier, women like Kirsten's Mama made clothes for their families by hand. Mama wove cloth on a wooden loom for blankets, wall hangings, and clothes, which she sewed by hand. She knitted sweaters, hats, and mittens in beautiful Scandinavian patterns from the old country. Most of these were made from the natural wool of black and white sheep.

**Kirsten's Portfolio of Doll Dress Patterns** contains patterns for her spoon bag and sunbonnet, her school dress and shawl, her apron dress, her flannel underwear and long nightgown.



Before you begin sewing, take a look at the *SEW RIGHT* section on the front of one of the instruction sheets. Here you'll find general instructions for working with Kirsten's patterns.

♥ *The doll dress patterns and instructions in this sewing portfolio are intended for an experienced sewer, not for a young girl—unless she works with and is directed by an experienced sewer.*

These Pleasant Company clothing designs were adapted into sewing patterns by Nancy J. Martin, craft designer and quilter.





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THE AMERICAN GIRLS COLLECTION®

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# KIRSTEN'S

♥ PRETTY CLOTHES ♥

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## APRON DRESS:

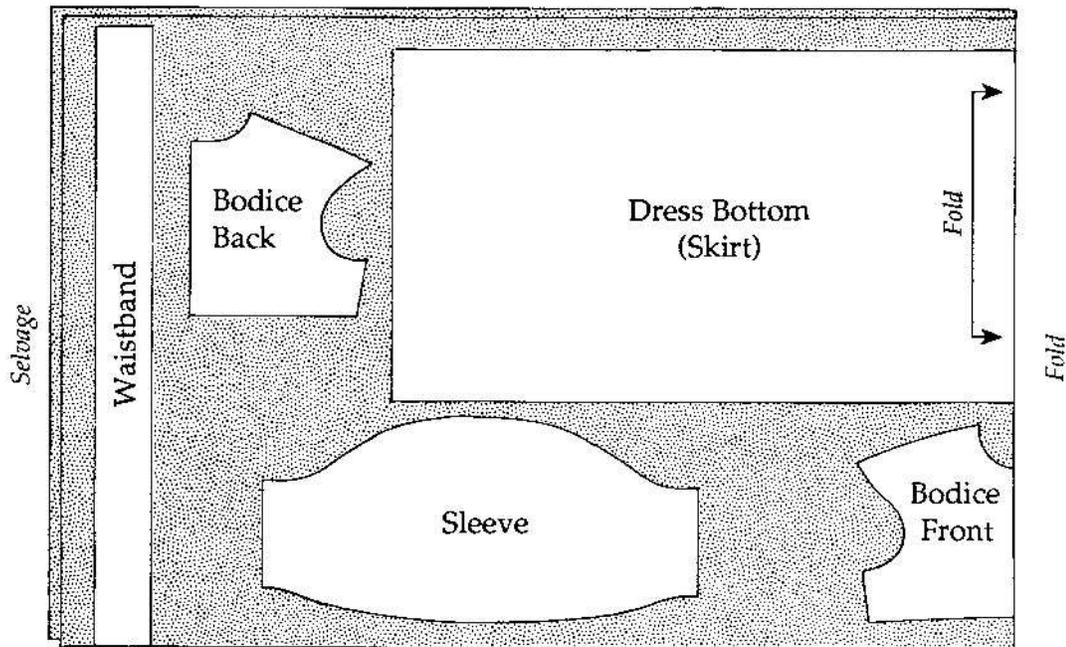
*For Kirsten's first American birthday, she wore a summery dress checked in apple blossom pink. Her crisp white apron—a gift from Mama—buttons smartly in back.*

*Kirsten was also given pink ribbons for her hair. Her birthday presents might seem very practical and even plain to American girls today. But there was one present more special than all the rest—the one the other girls made for her.*

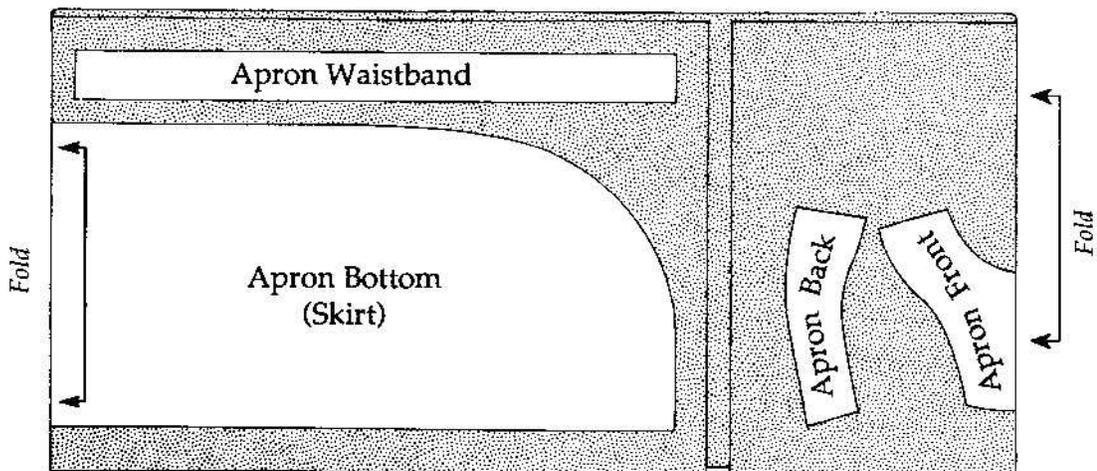


- ♥ Materials for Dress: (45" wide yardage)
  - 3/8 yd. pink-and-white checked fabric
  - 5/8 yd. white baby rickrack
  - 3/8 yd. white narrow cording
  - 1/4 yd. 1/4"-wide elastic
  - 6 inches 5/8"-wide white Velcro® for back closing
  - White thread

- ♥ Materials for Apron: (45" wide yardage)
  - 1/4 yd. white cotton percale
  - 2 yds. white baby rickrack
  - Small white button
  - White thread



*Apron Dress Pattern Layout*

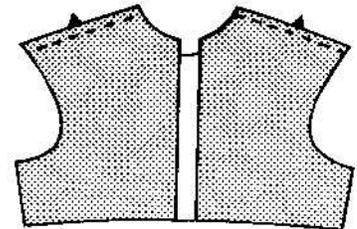


*Apron Pattern Layout*

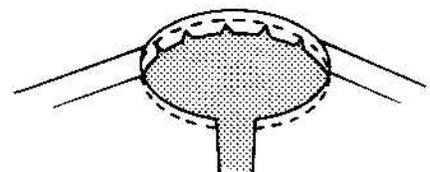
**INSTRUCTIONS:** All seam allowances are 1/4", unless otherwise stated.

## TO MAKE DRESS:

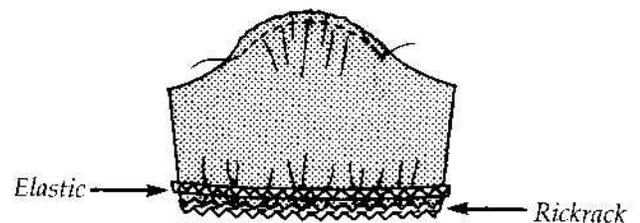
1. Cut pattern pieces from pink-and-white checked fabric using pattern layout as a guide.
2. Stitch right sides of bodice together at shoulders.
3. Finish neck edge by clipping curves. Turn raw edges to inside and topstitch around neckline, 1/8" from folded edge.
4. Make a row of gathering stitches along upper edge of sleeve, between dots as indicated on pattern. Narrow hem lower edge of each sleeve. Stitch a 10" piece of baby rickrack to the lower edge of each sleeve, placing one side of rickrack beneath finished edge of sleeve. Cut a 3-1/4" piece of 1/4"-wide elastic and stitch to sleeve as indicated on pattern piece. See "Sew Right," Step 7, to gather elastic as you stitch.
5. Pin sleeves to armhole edges of bodice. Adjust gathers. Stitch. Clip curves.
6. Stitch underarm seam of bodice and sleeves between waistline edge and lower edge of sleeve.



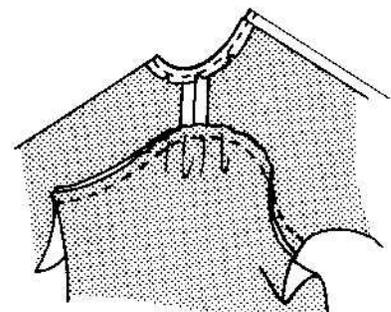
Step 2



Step 3



Step 4



Step 5

7. Attach waistband to lower edge of bodice using a 1/4" seam.

8. Gather upper edge of skirt. Adjust gathers to fit waistband. Pin right sides of waistband and skirt together. Stitch.

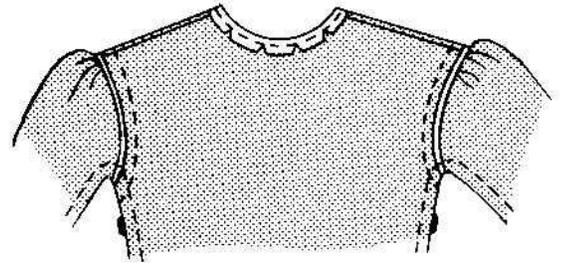
9. Stitch back seam closed from dot to lower edge. Backtack to reinforce stitching at back opening.

10. Finish remaining back edges of dress by turning under raw edges of fabric and stitching in a narrow hem.

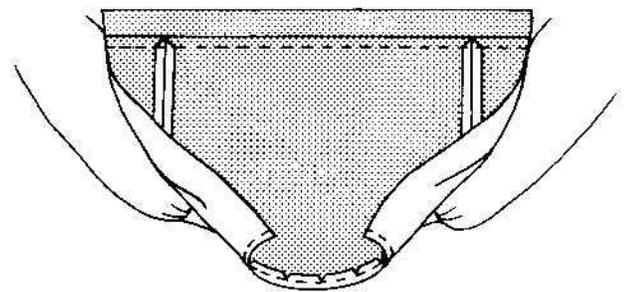
11. Cut a 6" length of Velcro. Use as back closing by stitching hook side of Velcro to one side of dress and loop side of Velcro to the remaining side of dress. See "Sew Right," Step 9, for placement.

12. Finish lower edge of dress with a narrow hem. Press.

13. Cut cording into two pieces. Tie each piece into a small bow and tack to lower edge of each sleeve.



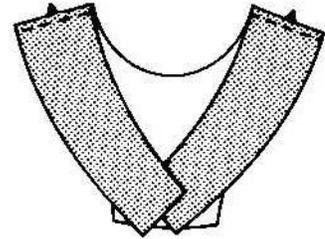
*Step 6*



*Step 7*

## TO MAKE APRON:

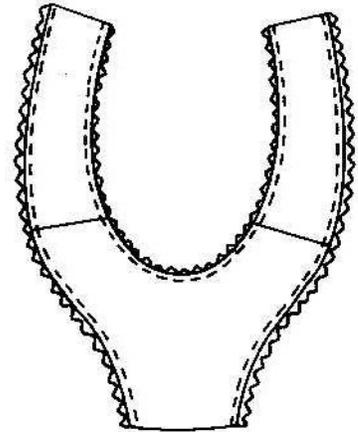
1. Cut pattern pieces from white cotton percale using pattern layout as a guide.



Step 2

2. Stitch apron front to apron back at shoulder seams.

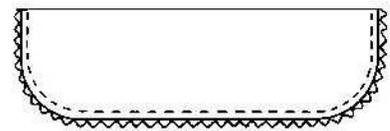
3. Narrow hem neckline and back edge of apron top. Stitch baby rickrack to this edge, placing one side of rickrack behind finished hem.



Steps 3 & 4

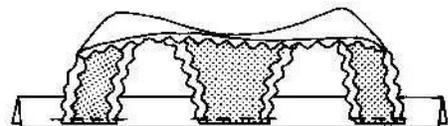
4. Narrow hem side edges of apron top. Stitch baby rickrack to side edges, placing one side of rickrack behind finished hem.

5. Narrow hem back and lower edge of apron skirt. Stitch baby rickrack to back and lower edges, placing one side of rickrack behind finished hem.



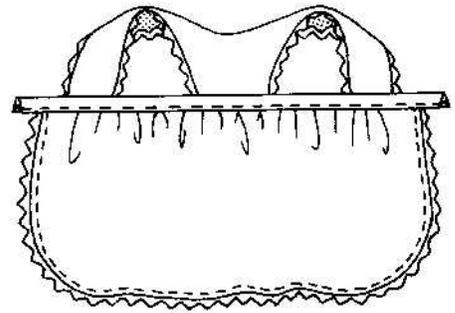
Step 5

6. Press waistband in half along fold line. Pin apron front to waistband with right sides together, using pattern piece as a guide for placement of straps. Baste in place.



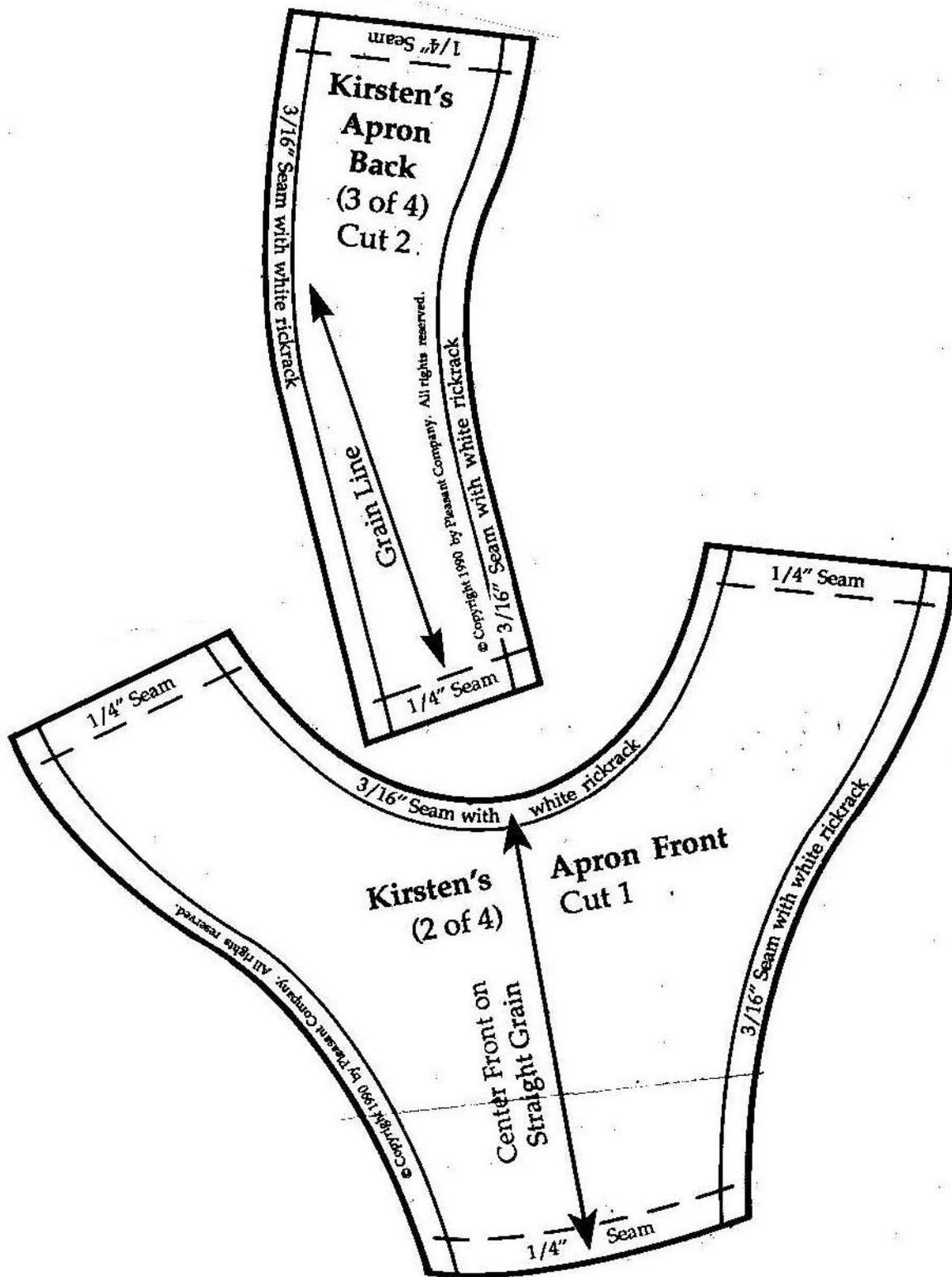
Step 6

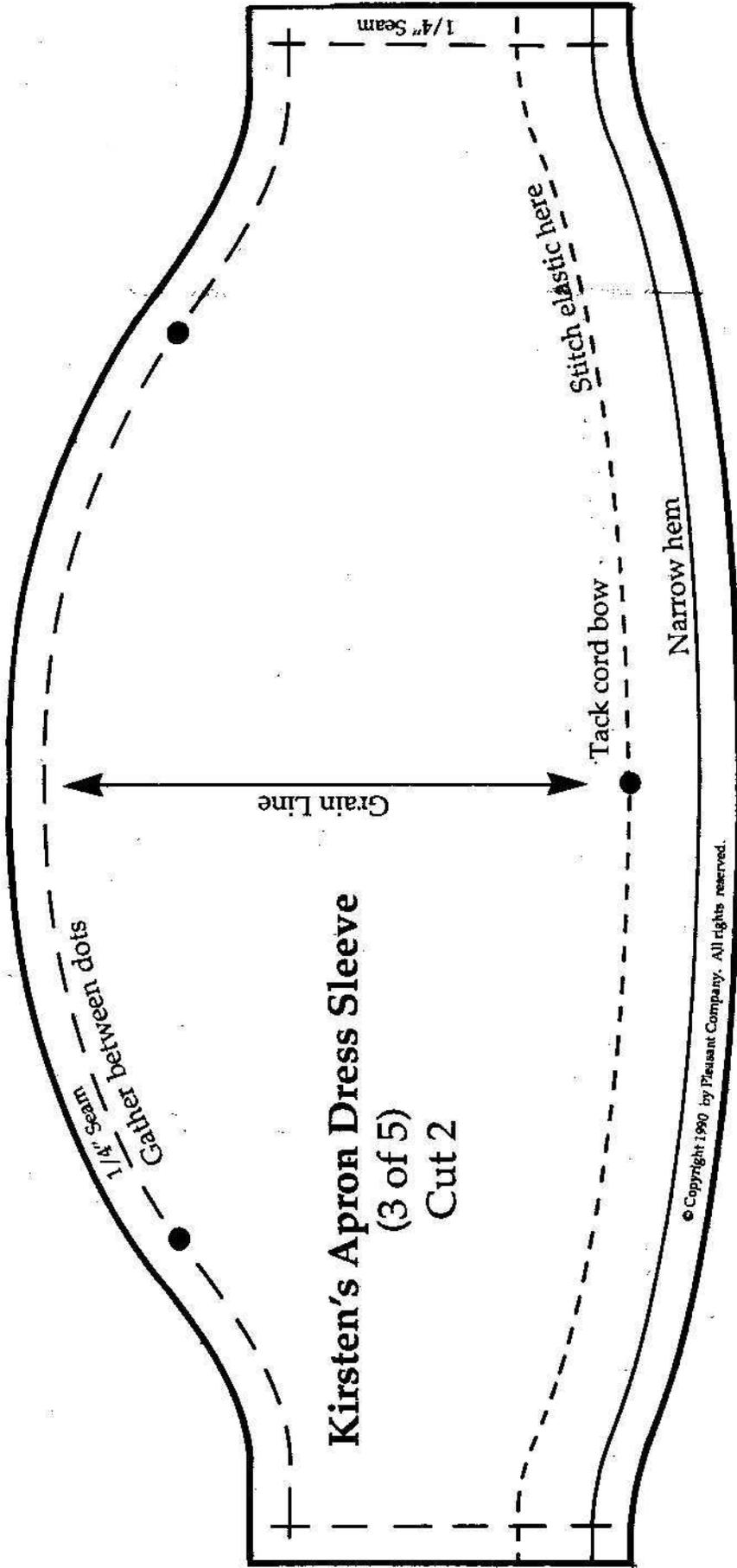
7. Fold waistband edges to inside along back fold line. Gather upper edges of apron skirt. Adjust gathers to fit waistband. Pin gathered skirt inside waistband, then stitch through all layers encasing apron skirt and top inside waistband (see Step 8 of "Sew Right").



*Step 7*

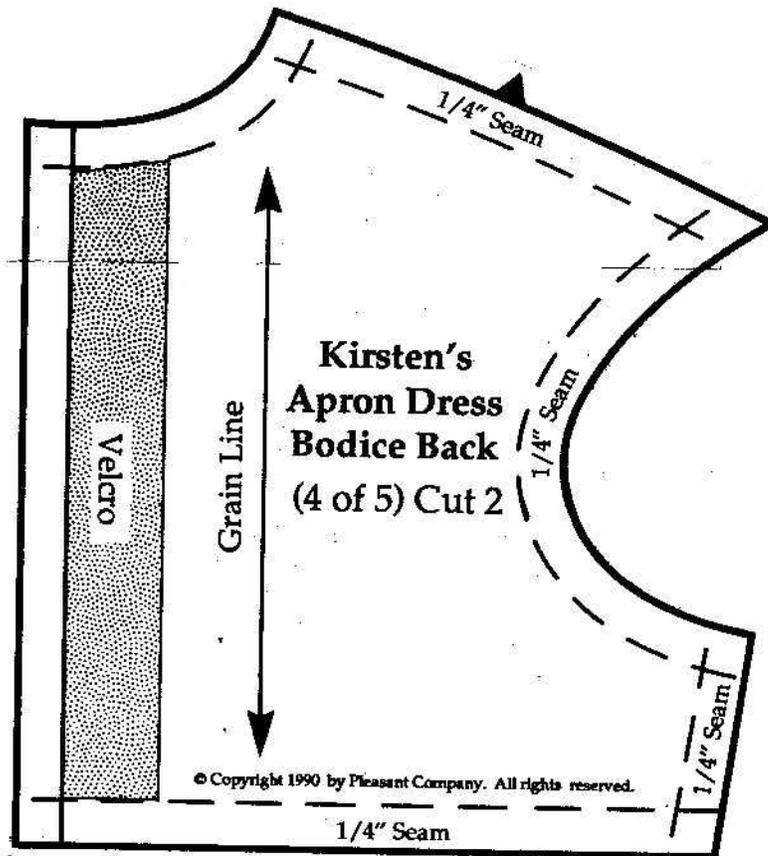
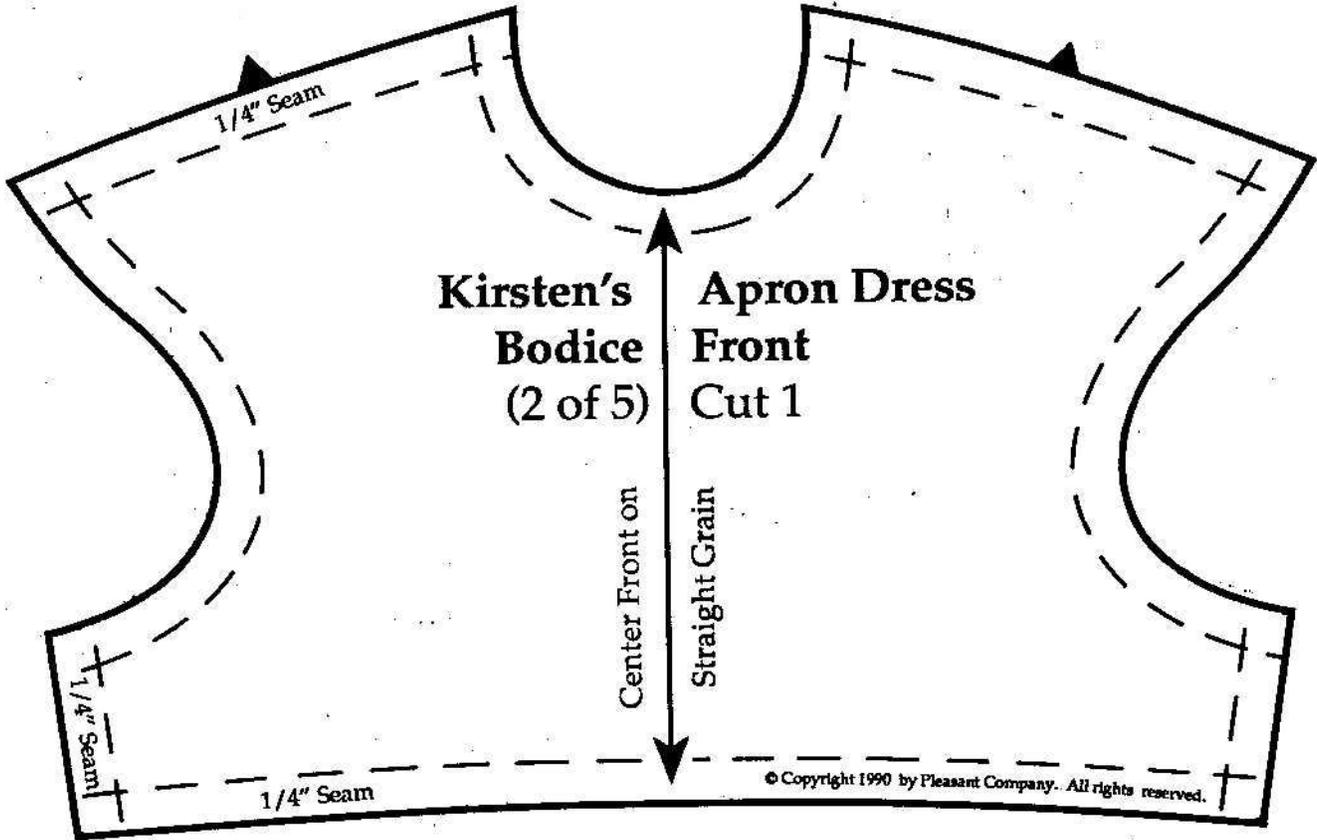
8. Make small buttonhole at one end of waistband. Stitch small button to other waistband edge.
9. Apron is worn over dress and buttons in the back.





**Kirsten's Apron Dress Sleeve**  
 (3 of 5)  
 Cut 2

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1/4" Seam

Gather this edge

Place on fold

**Kirsten's Apron Dress Bottom (Skirt)**  
(1 of 5)  
Cut 1

Fold for hem

1/4" Seam

Gather this edge

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# Kirsten's Apron Dress Bottom (Skirt)

(1 of 5)  
Cut 1

Fold for hem

1/4" Seam

Gather this edge

# Kirsten's Apron Bottom (Skirt)

(1 of 4)

Cut 1

Narrow hem

Place on fold

3/16" Seam with white rickrack

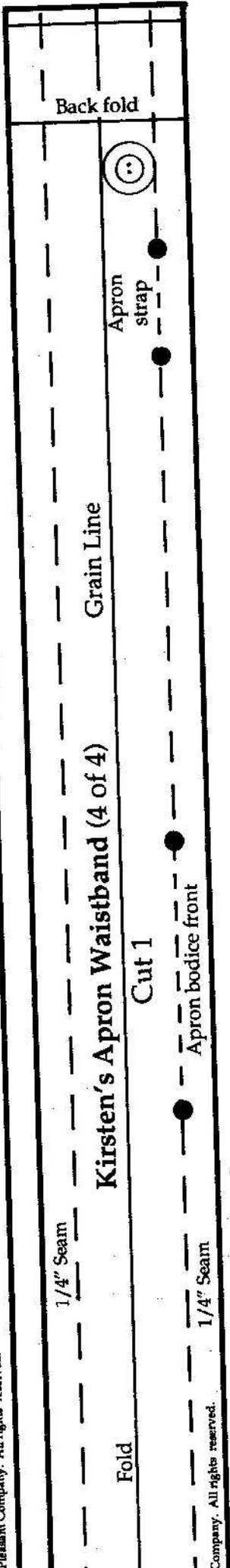
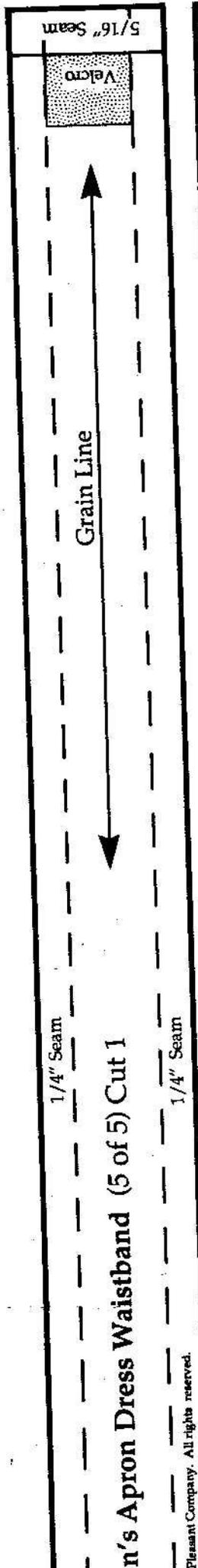
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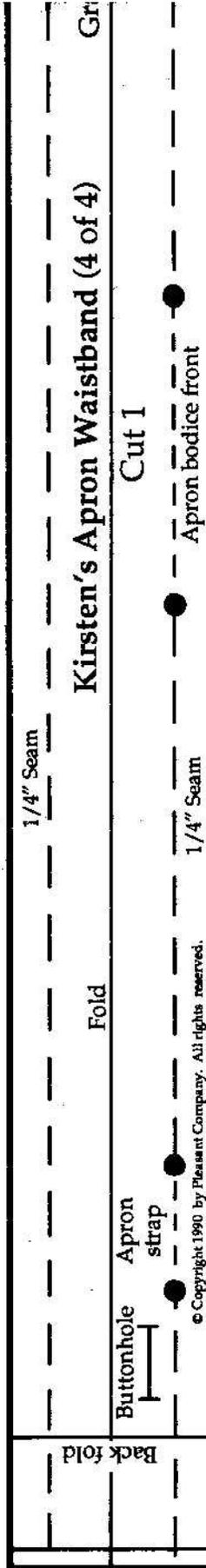
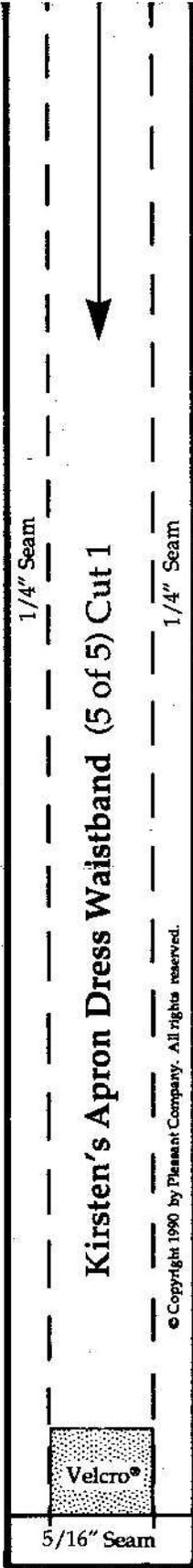
1/4" Seam

Gather this edge

**Kirsten's Apron Bottom (Skirt)**  
**(1 of 4)**  
**Cut 1**

Narrow hem







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# KIRSTEN'S

## ♥ PRETTY CLOTHES ♥

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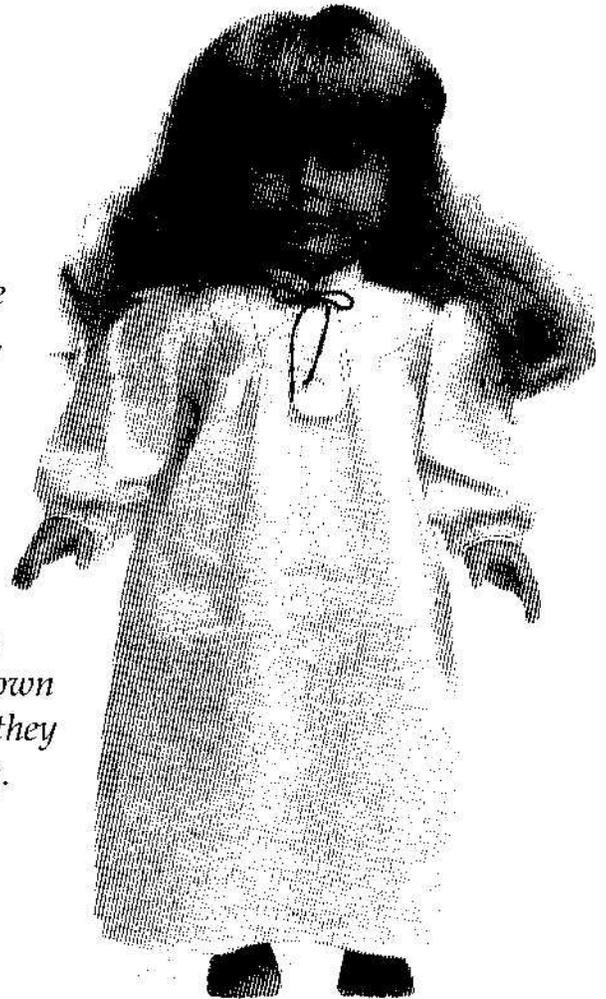
### KIRSTEN'S NIGHTGOWN:

*Brrrr. Imagine how cold Kirsten's cabin was on winter nights. She needed a flannel nightgown to keep warm. It's trimmed with blue stitching on the yoke and cuffs, has lace around the collar and cuffs, and a bow at the neck.*

### KIRSTEN'S SPOON BAG:

*Tie Kirsten's spoon bag around her waist. Swedish farmers had just enough knives and forks for their own families. When they went to feasts or celebrations they took their own silverware with them in a spoon bag.*

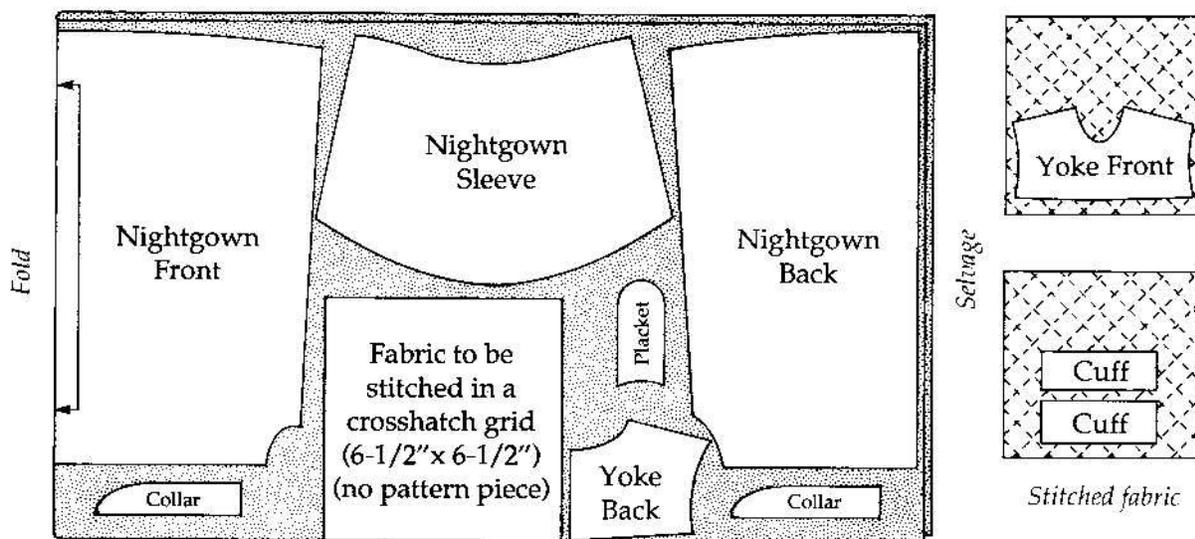
### KIRSTEN'S SUNBONNET:



*Tie Kirsten's red-checked sunbonnet on her head to protect her from the sun's strong rays. In 1854, freckles and suntans weren't fashionable.*

♥ **Materials for Nightgown: (45" wide yardage)**

- 1/2 yd. white cotton flannel
- 3/4 yd. 3/8"-wide white cotton lace trim
- 1/4 yd. blue yarn for trim
- 1/4 yd. 5/8"-wide white Velcro® for back and sleeve closings
- 1/4 yd. lightweight interfacing
- White thread
- Blue thread



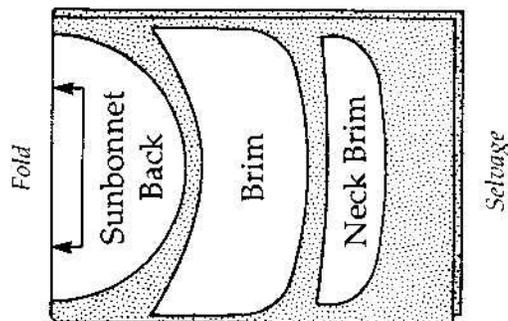
*Nightgown Pattern Layout*

♥ **Materials for Spoon Bag: (45" wide yardage) (No Layout)**

- 1/8 yd. light blue fabric
- 1/8 yd. red fabric
- 1/8 yd. white muslin
- Red embroidery floss
- Blue embroidery floss
- White, blue, and red thread

♥ **Materials for Sunbonnet: (45" wide yardage)**

- 1/4 yd. red-checked gingham
- 1/4 yd. 1/4"-wide elastic
- White thread

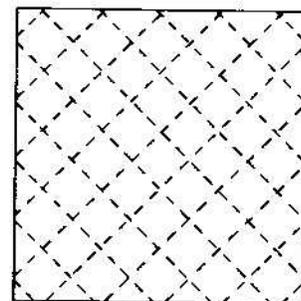


*Sunbonnet Pattern Layout*

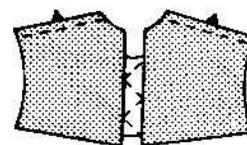
**INSTRUCTIONS:** All seam allowances are 1/4", unless otherwise stated.

## TO MAKE NIGHTGOWN:

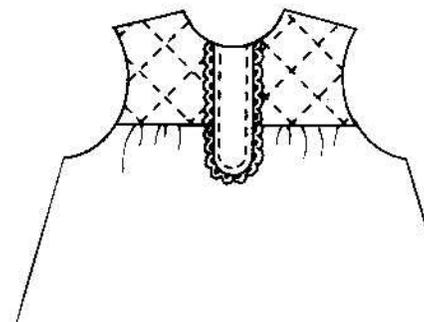
1. Cut two 6-1/2" x 6-1/2" pieces of lightweight interfacing and white flannel. Layer flannel on top of interfacing. With blue thread in machine, stitch a 3/4"-wide crosshatch grid across fabric. Cut yoke front and cuffs from this fabric.
2. Cut remaining pattern pieces from white flannel using pattern layout as a guide.
3. Stitch yoke front to yoke back at shoulder seams.
4. Gather upper edge of nightgown front between dots. Adjust gathers to fit lower edge of yoke front. Pin right sides together, then stitch.
5. Repeat Step 4 for the nightgown back, stitching one yoke back to each nightgown back.
6. Stitch 1/8" from edges on nightgown placket. Clip curves and press 1/8" seam allowance to inside. Baste cotton lace trim behind finished edges. Pin lace trimmed placket to nightgown front. Topstitch through all layers close to finished edge. Remove basting.
7. Baste cotton lace trim to curved edges of two collar sections, having raw edges even. Pin a lace trimmed collar to a plain collar with right sides together, and stitch along curved edge. Clip curves, turn collar to right side and press. Repeat for remaining side of collar. Stitch collar sections to neck edge in a 1/4" seam. Topstitch.



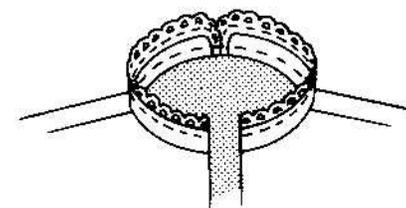
Step 1



Step 3

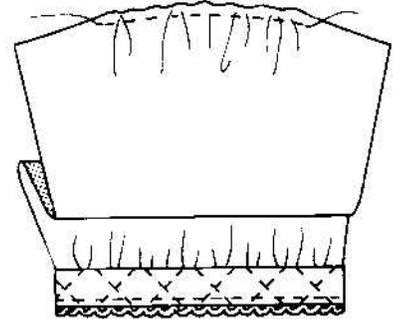


Step 6



Step 7

8. Make a row of gathering stitches along upper edge of sleeve, between dots as indicated on pattern. Make a row of gathering stitches along lower edge of sleeve. Adjust gathers to fit cuff. Fold cuff and stitch to lower edge of each sleeve following directions for doublefold fabric in Step 8 of "Sew Right."



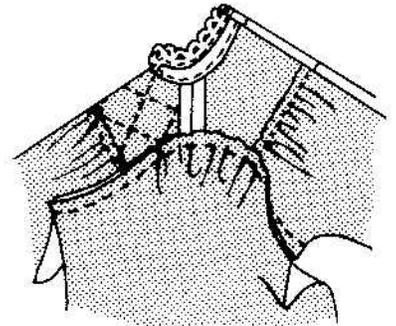
Steps 8 & 9

9. Stitch a 4-1/2" piece of 3/8"-wide cotton lace trim behind the finished edge of cuff.

10. Adjust gathers in sleeve to fit armhole edge. Pin sleeve to armhole edges of nightgown.

11. Stitch sleeve to nightgown in 1/4" seam. Clip curves.

12. Stitch underarm and side seams from dot on sleeve to lower edge of nightgown. Finish lower edge of sleeve seams by turning under raw edges of cuff and sleeves, then stitching in a narrow hem.

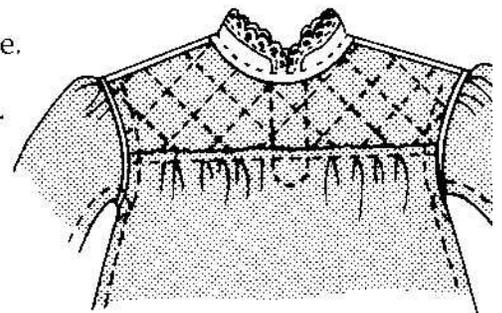


Steps 10 & 11

13. Cut two 1" lengths of Velcro. Use as a closing for each sleeve by stitching hook side of Velcro to one side of sleeve and loop side of Velcro to remaining side of sleeve.

14. Stitch back seam of nightgown closed from dot to lower edge.

15. Finish remaining back edges of nightgown by turning under raw edges of fabric and stitching in a narrow hem.

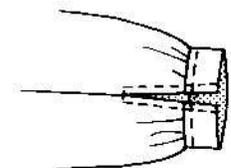


Step 12a

16. Cut one 6" length of Velcro. Use as a back closing by stitching hook side of Velcro to one side of nightgown and loop side of Velcro to the remaining side of nightgown. See "Sew Right," Step 9, for placement.

17. Narrow hem lower edge of nightgown.

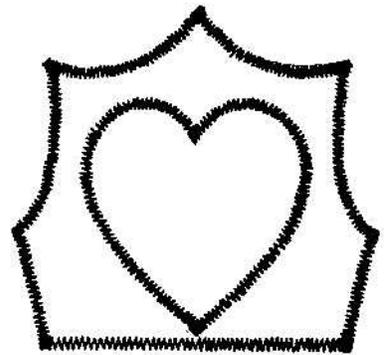
18. Tie blue yarn into bow and tack to front placket at neckline edge.



Step 12b

## TO MAKE SPOON BAG:

1. Cut fabric for spoon bag from muslin.
2. Machine applique blue background, then red heart to spoon bag. For machine applique:
  - a. Thread machine and bobbin with thread to match fabric.
  - b. Adjust zigzag stitch so that a solid band of thread forms as you sew. (Test your stitch on a scrap of fabric first.)
  - c. The width of the stitch should evenly cover the raw edge of your fabric.
  - d. Backstitch at the end of stitching to prevent raveling.
3. Add Kirsten's initials and decorative stitching by embroidering with three strands of red floss. Embroider the date "1854" inside the red heart using three strands of blue floss.
4. Finish upper and lower edges of spoon bag by folding along lines indicated on pattern piece to form facings. Baste side edges together having back edge of pocket  $1/8''$  higher than front edge.
5. Cut four strips of red fabric, each  $3/4'' \times 4-1/2''$ , for side trim. Cut two strips of blue fabric, each  $3/4'' \times 4-1/2''$ , for side trim. Stitch a strip of blue fabric between two strips of red fabric using  $1/8''$  seams. Press flat.
6. Encase side edges of spoon bag with red and blue fabric which has been stitched together. Follow directions for doublefold fabric in Step 8 of "Sew Right." The doublefold fabric strip should extend 2" above top of pocket and  $3/4''$  below pocket.



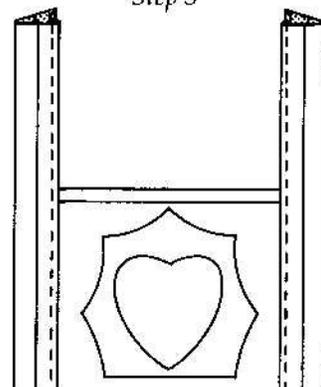
Step 2



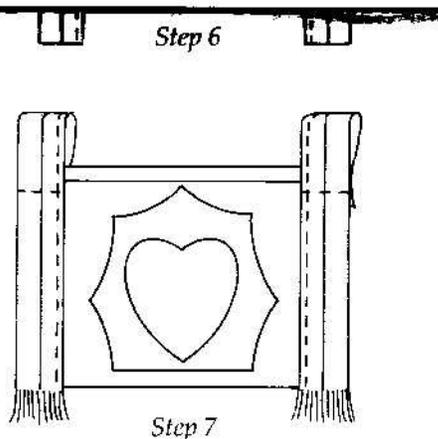
Step 3



Step 5

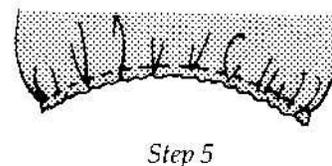
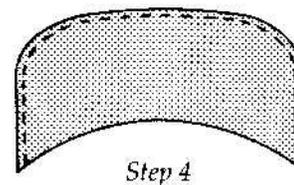
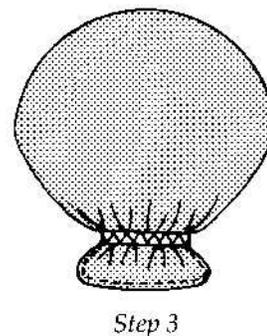
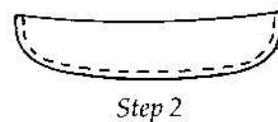


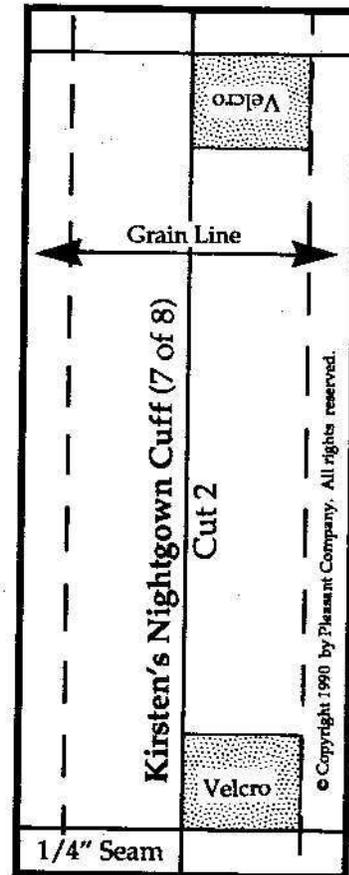
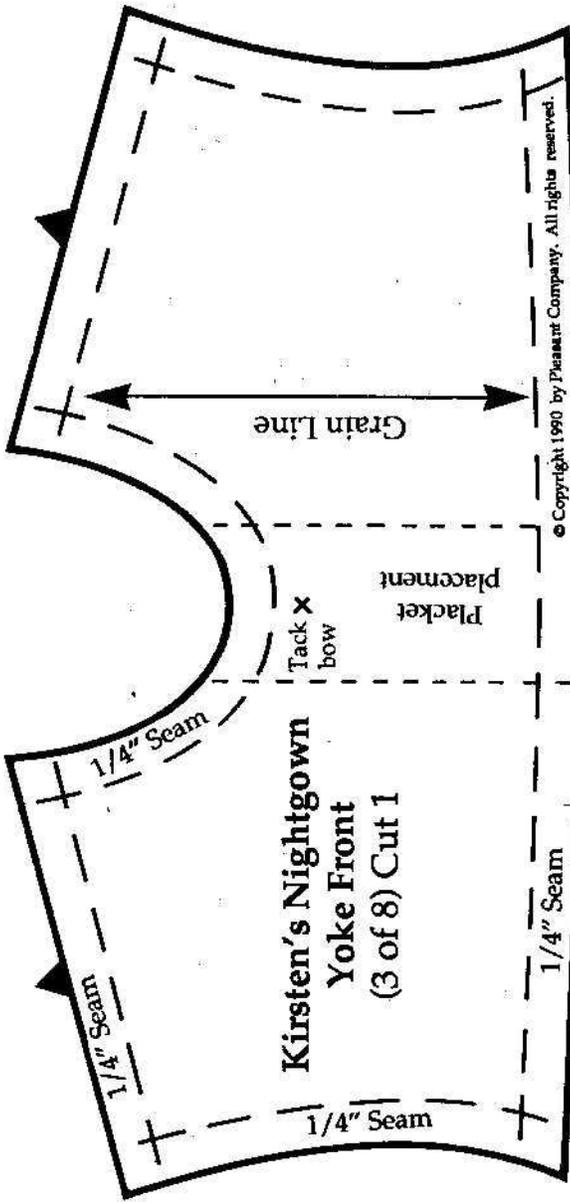
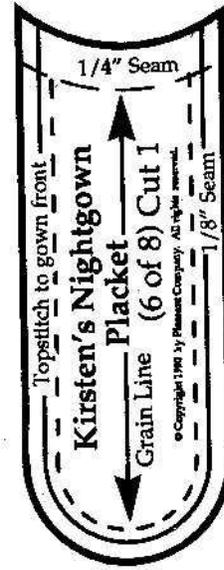
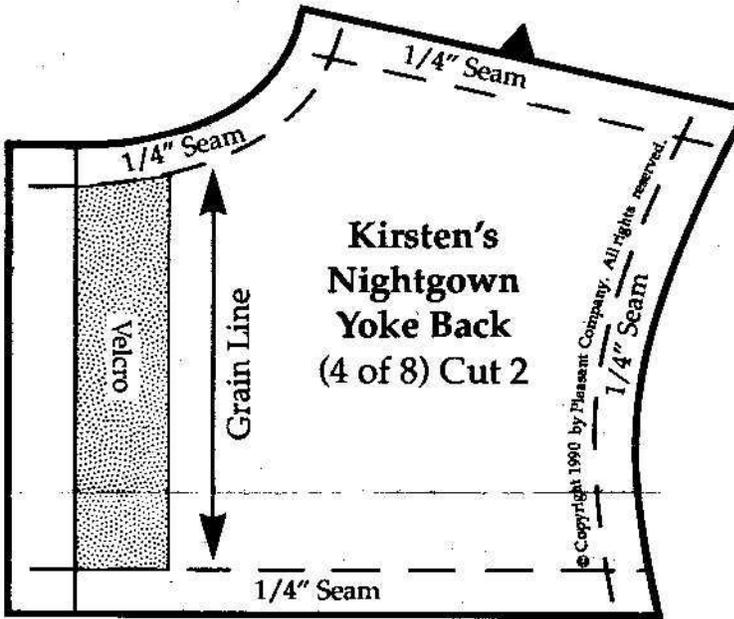
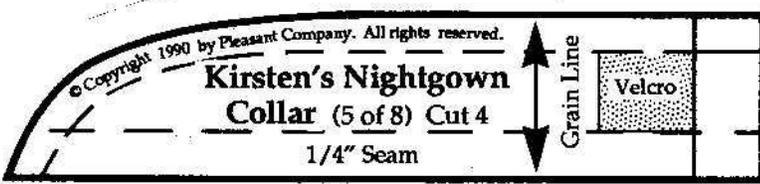
7. Fold top of doublefold strip behind pocket to form a loop. Stitch to secure, backtacking at edge. Unravel lower edges of doublefold strip to form fringe.
8. Cut a 2" x 23" strip of fabric for waistline tie. Prepare doublefold fabric as directed in Step 8 of "Sew Right."
9. Slip waistline tie through loops at top of spoon bag. Spoon bag is worn tied around Kirsten's waist.

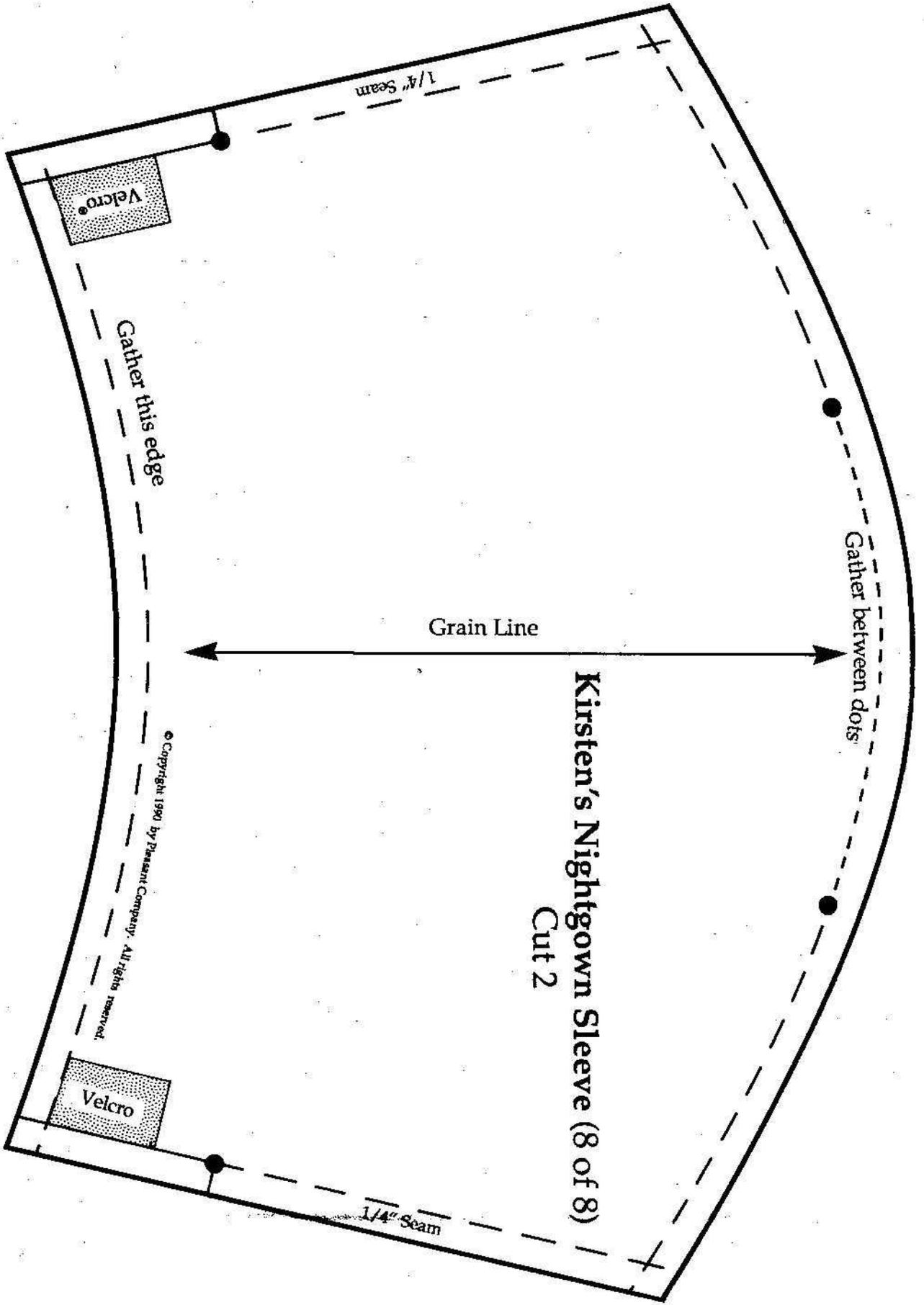


## TO MAKE SUNBONNET:

1. Cut pattern pieces from red-checked gingham using pattern layout as a guide.
2. Narrow hem lower edge of neck brim.
3. Stitch neck brim back to bonnet back with right sides together. Cut a 5" piece of elastic. Stitch to wrong side of neck brim as indicated on pattern piece, following Step 7 of "Sew Right" to gather elastic as you stitch.
4. Place bonnet brims together and stitch along curved edge in a 1/4" seam. Clip curves and turn to right side. Press.
5. Make a row of gathering stitches along remaining curved edge of bonnet back. Pin bonnet back to brim with right sides together, adjusting gathers to fit. Stitch together.
6. Cut two 2" x 12" strips of fabric for bonnet straps. Make bonnet straps, following directions for doublefold fabric in Step 8 of "Sew Right."
7. Attach a bonnet strap to each side of bonnet following placement indicated on pattern. Stitch across strap end several times, and backtack to hold strap securely.







Velcro®

Gather this edge

1/4" Seam

Grain Line

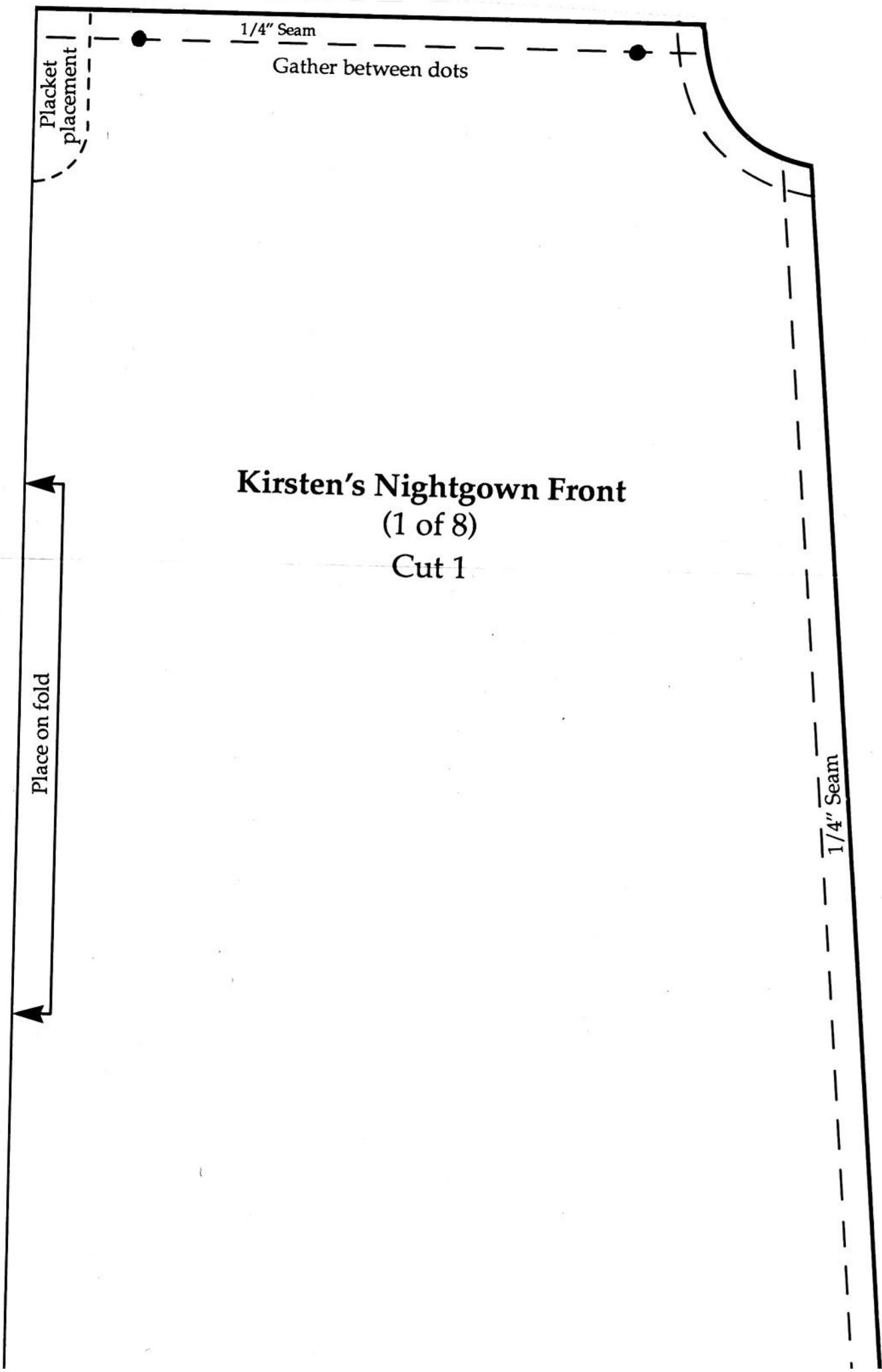
Gather between dots

Kirsten's Nightgown Sleeve (8 of 8)  
Cut 2

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Velcro

1/4" Seam



1/4" Seam  
Gather between dots

Placket  
placement

**Kirsten's Nightgown Front**  
(1 of 8)  
Cut 1

Place on fold

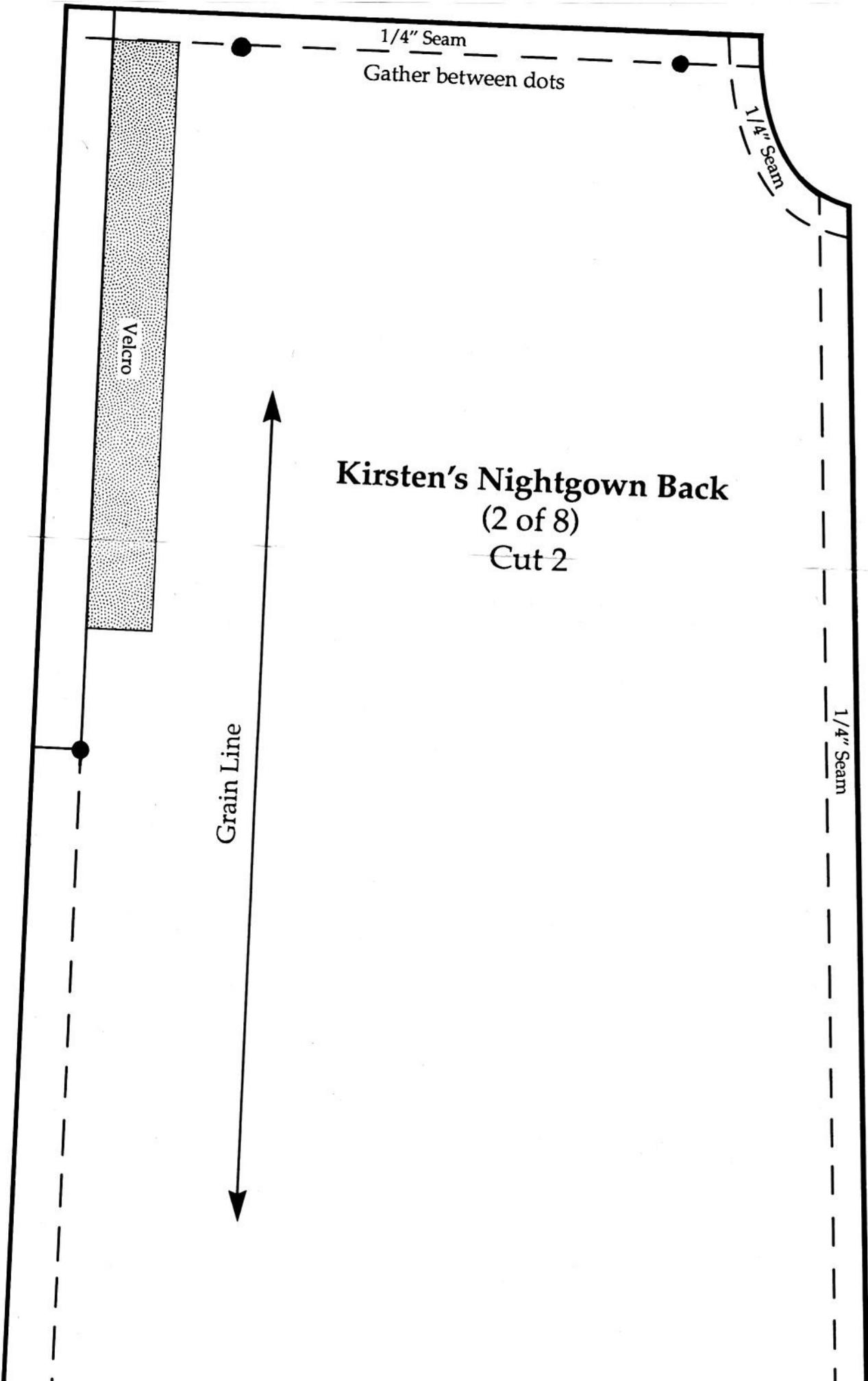
1/4" Seam

**Kirsten's Nightgown Front**  
(1 of 8)  
Cut 1

Place on fold

1/4" Seam

Narrow hem



1/4" Seam  
Gather between dots

1/4" Seam

Velcro

**Kirsten's Nightgown Back**  
(2 of 8)  
Cut 2

Grain Line

1/4" Seam

Velero

# Kirsten's Nightgown Back

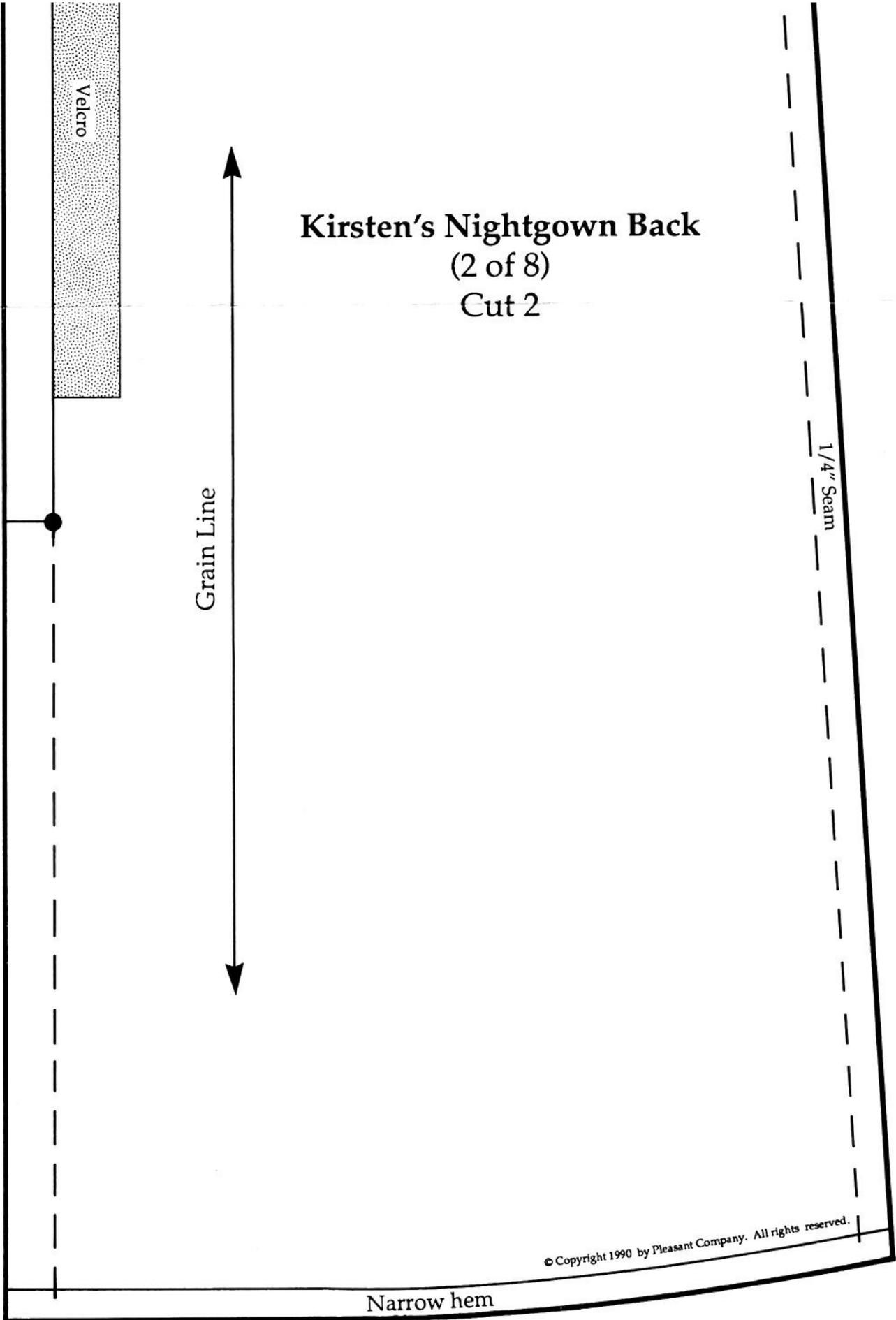
(2 of 8)  
Cut 2

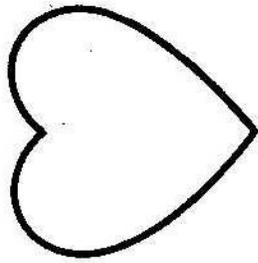
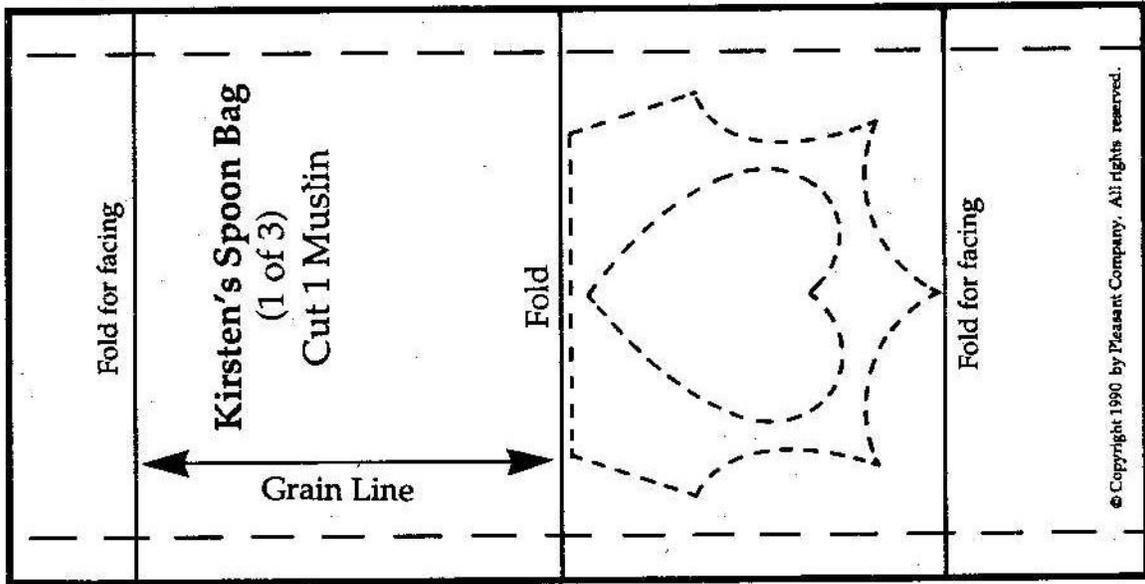
Grain Line

1/4" Seam

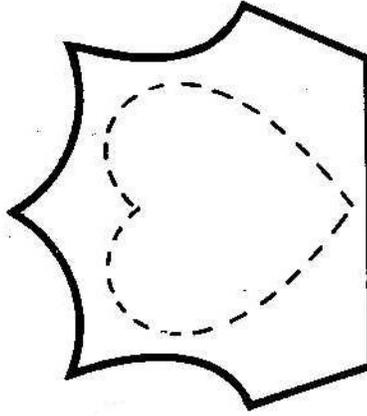
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Narrow hem

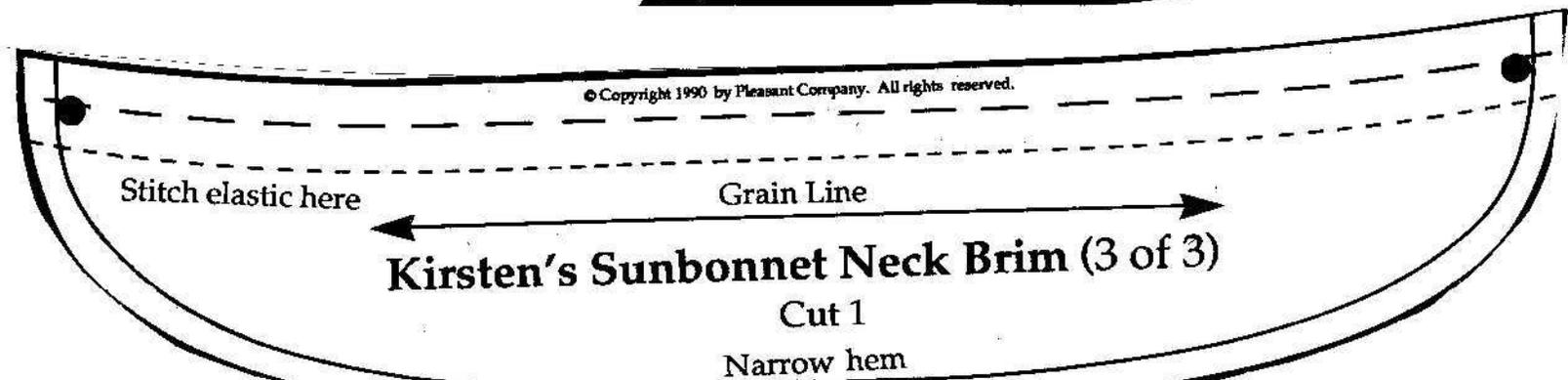
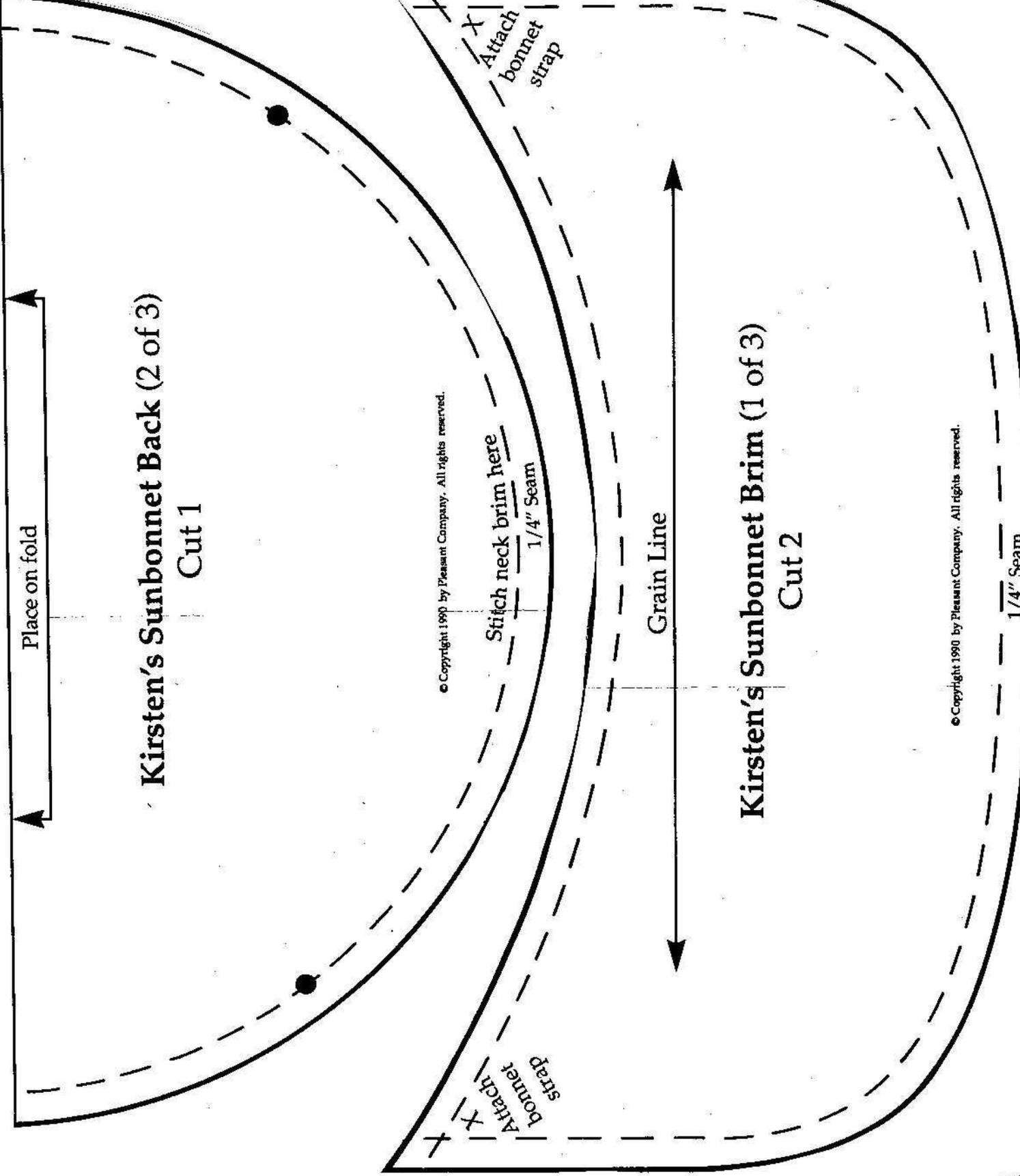




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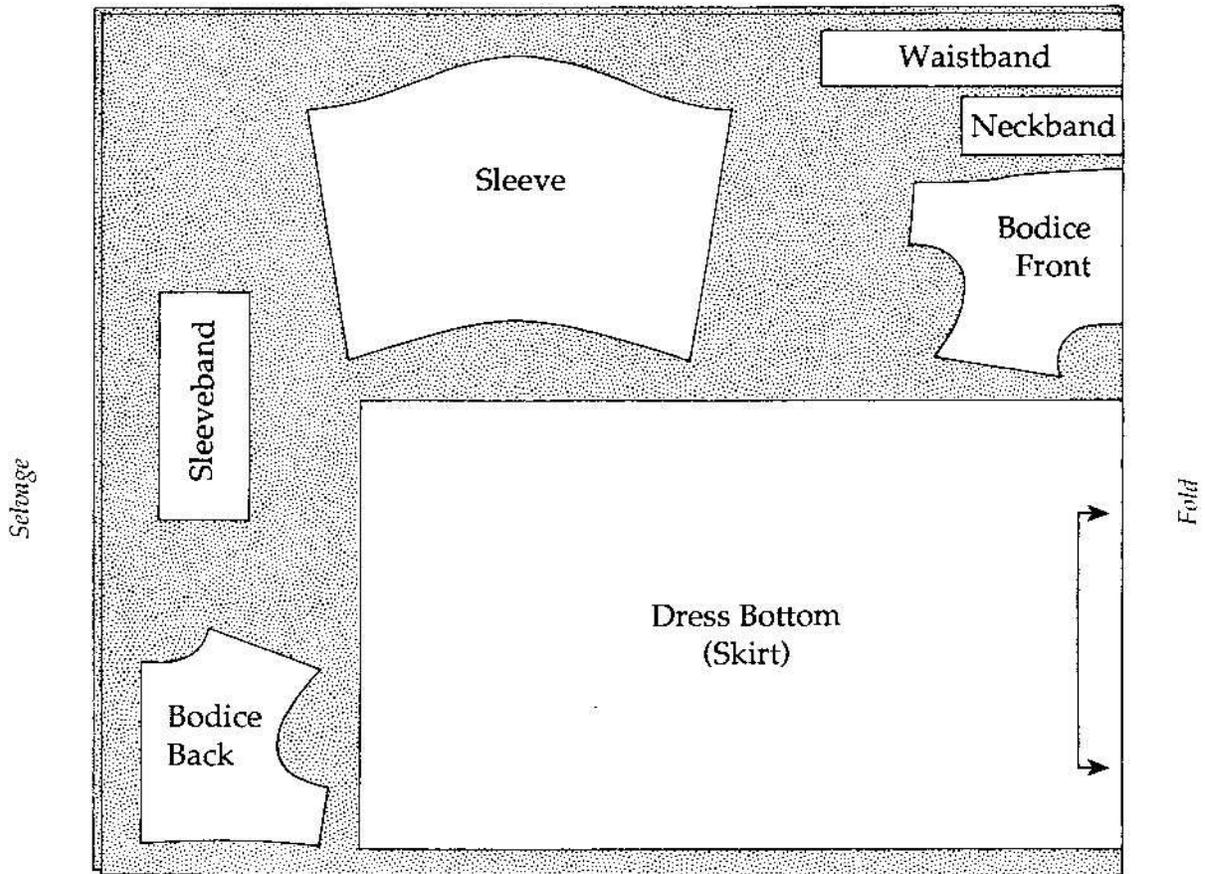


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- ♥ Materials for Dress: (45" wide yardage)
  - 1/2 yd. red print percale
  - 8 inches 5/8"-wide red Velcro® for sleeve and back closings
  - Red thread

- ♥ Materials for Shawl: (45" wide yardage)
  - 1/2 yd. red-and-navy plaid fabric
  - Navy thread



*School Dress Pattern Layout*



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THE AMERICAN GIRLS COLLECTION®

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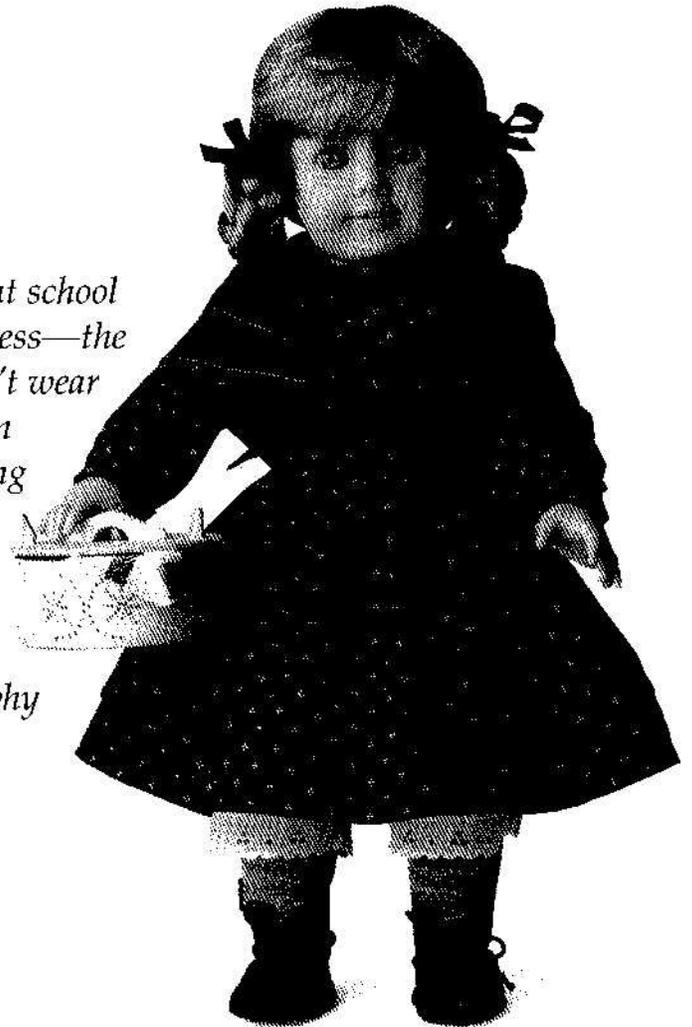
# KIRSTEN'S

♥ PRETTY CLOTHES ♥

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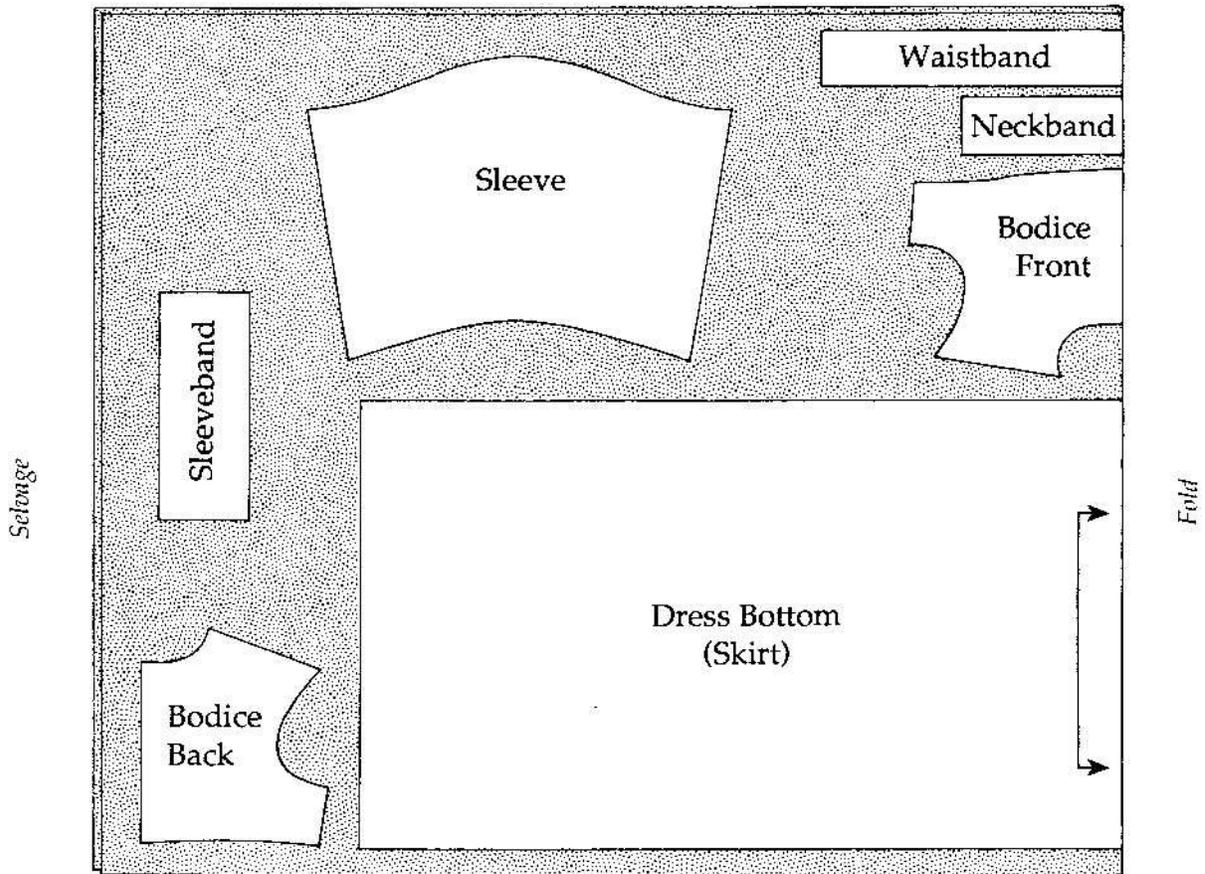
## SCHOOL DRESS AND SHAWL:

*Mrs. Larson probably made Kirsten's red print school dress out of leftover material from her own dress—the first mother-daughter styles! Since girls didn't wear jackets, Kirsten has a plaid shawl that you can tie around her so she won't get cold on her long walk across the prairie to school. There were very few sewing machines in those days, so most of Kirsten's clothes were made by hand. This was a big job for Mama, so she wanted Kirsten's clothes to last a long time. That's why she always put tucks called "grow stripes" at the bottom that could be let down as Kirsten grew taller.*



- ♥ Materials for Dress: (45" wide yardage)
  - 1/2 yd. red print percale
  - 8 inches 5/8"-wide red Velcro® for sleeve and back closings
  - Red thread

- ♥ Materials for Shawl: (45" wide yardage)
  - 1/2 yd. red-and-navy plaid fabric
  - Navy thread

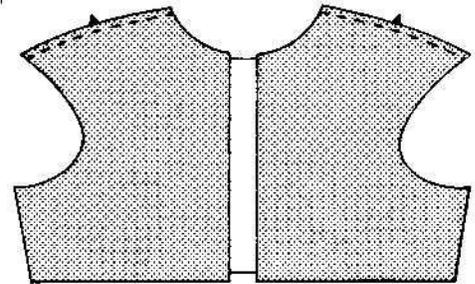


*School Dress Pattern Layout*

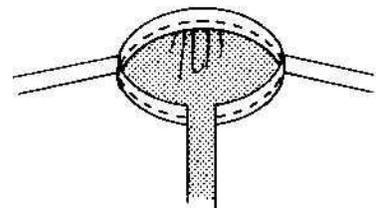
*INSTRUCTIONS*: All seam allowances are 1/4", unless otherwise stated.

## TO MAKE DRESS:

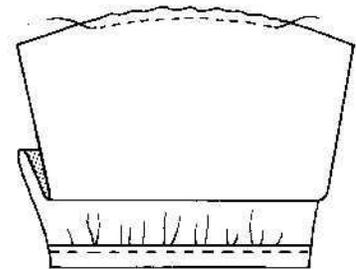
1. Cut pattern pieces from red print percale using pattern layout as a guide.
2. Stitch right sides of bodice together at shoulders. Gather neckline edge of front bodice between dots. Clip curves.
3. Finish neck edge with neckband. Attach as for doublefold fabric as shown in Step 8 of "Sew Right."
4. Make a row of gathering stitches along upper edge of sleeve, between dots as indicated on pattern. Make a row of gathering stitches along lower edge of sleeve. Finish lower edge of each sleeve as for doublefold fabric shown in Step 8 of "Sew Right," adjusting gathers to fit.
5. Pin sleeves to armhole edges of bodice. Adjust gathers. Stitch. Clip curves.
6. Stitch underarm seam of bodice and sleeves between waistline edge and dot marked on sleeve.
7. Finish lower edge of sleeve seams by turning under raw edges of sleeveband and sleeve, then stitching in a narrow hem.
8. Cut two 1" lengths of Velcro. Use as a closing for each sleeve by stitching hook side of Velcro to one side of sleeve and loop side of Velcro to the remaining side of sleeve.
9. Gather waistline edge of front bodice between



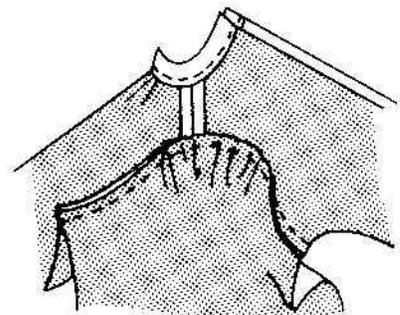
Step 2



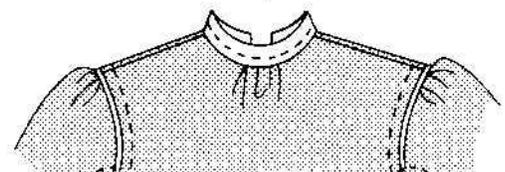
Step 3



Step 4



Step 5

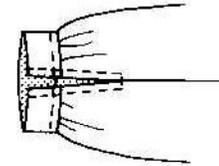


dots to 1-1/4". Attach waistband to lower edge of bodice using a 1/4" seam.

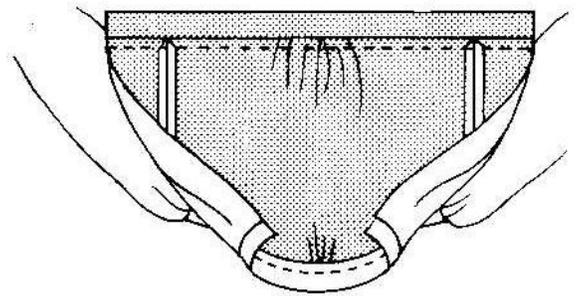
10. Make two "grow stripes" in skirt portion of dress. To make tucks, fold along lines indicated on pattern piece and press. Stitch 5/16" from pressing. Repeat for second tuck. Gather upper edge of skirt. Adjust gathers to fit waistband. Pin right sides of waistband and skirt together. Stitch.
11. Stitch back seam closed from dot to lower edge. Backtack to reinforce stitching at back opening.
12. Finish remaining back edges of dress by turning under raw edges of fabric and stitching in a narrow hem.
13. Cut a 5-3/4" length of Velcro. Use as back closing by stitching hook side of Velcro to one side of dress and loop side of Velcro to remaining side of dress. See "Sew Right," Step 9, for placement.
14. Finish lower edge of dress with a narrow hem. Press.



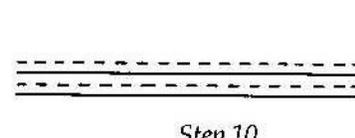
Step 6



Step 7



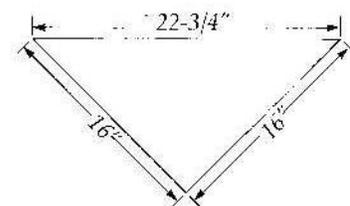
Step 9



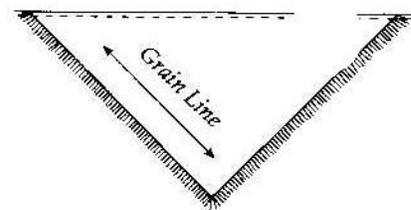
Step 10

## TO MAKE SHAWL:

1. Cut a triangle of plaid fabric 16" x 16" x 22-3/4".
2. Pull threads along the two short sides of shawl to create fringe 1/2" deep.
3. Narrow hem the remaining edge of shawl.
4. Shawl is worn by wrapping around shoulders and tying loosely in the front.



Step 1



Steps 2 & 3

**DOLL BODY MEASUREMENTS:**

*\*Variances in measurements are due to hand stuffing.*

chest\* 10 1/2" -11 1/2"

hips\* 12 1/4" -12 3/4"

upper arm 4 1/4"

head 12 1/2"

waist\* 10 1/4" -11 1/2"

wrist 3 3/8"

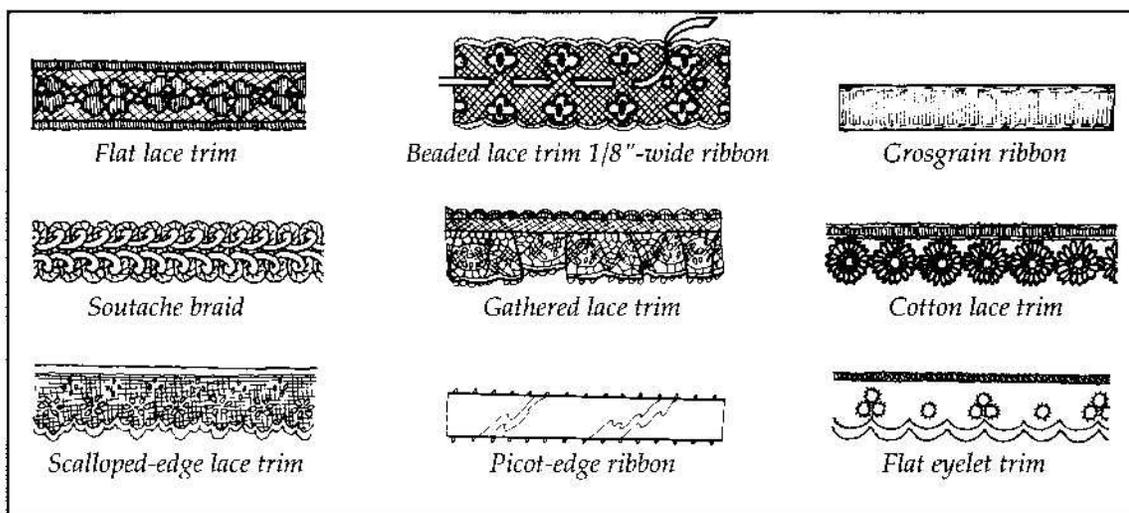
neck 5 5/8"

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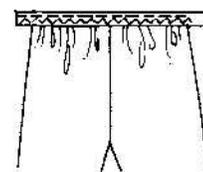
## SEW RIGHT

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1. Pattern pieces are full size, so it will not be necessary to graph or enlarge patterns. You may wish to fold the pattern paper in half to make complete a pattern piece for those pieces marked "Place on fold."
2. Prewash all fabrics (except wool, taffeta, and velveteen) before using.
3. Study diagrams, then carefully select lace and ribbon trims for the project.



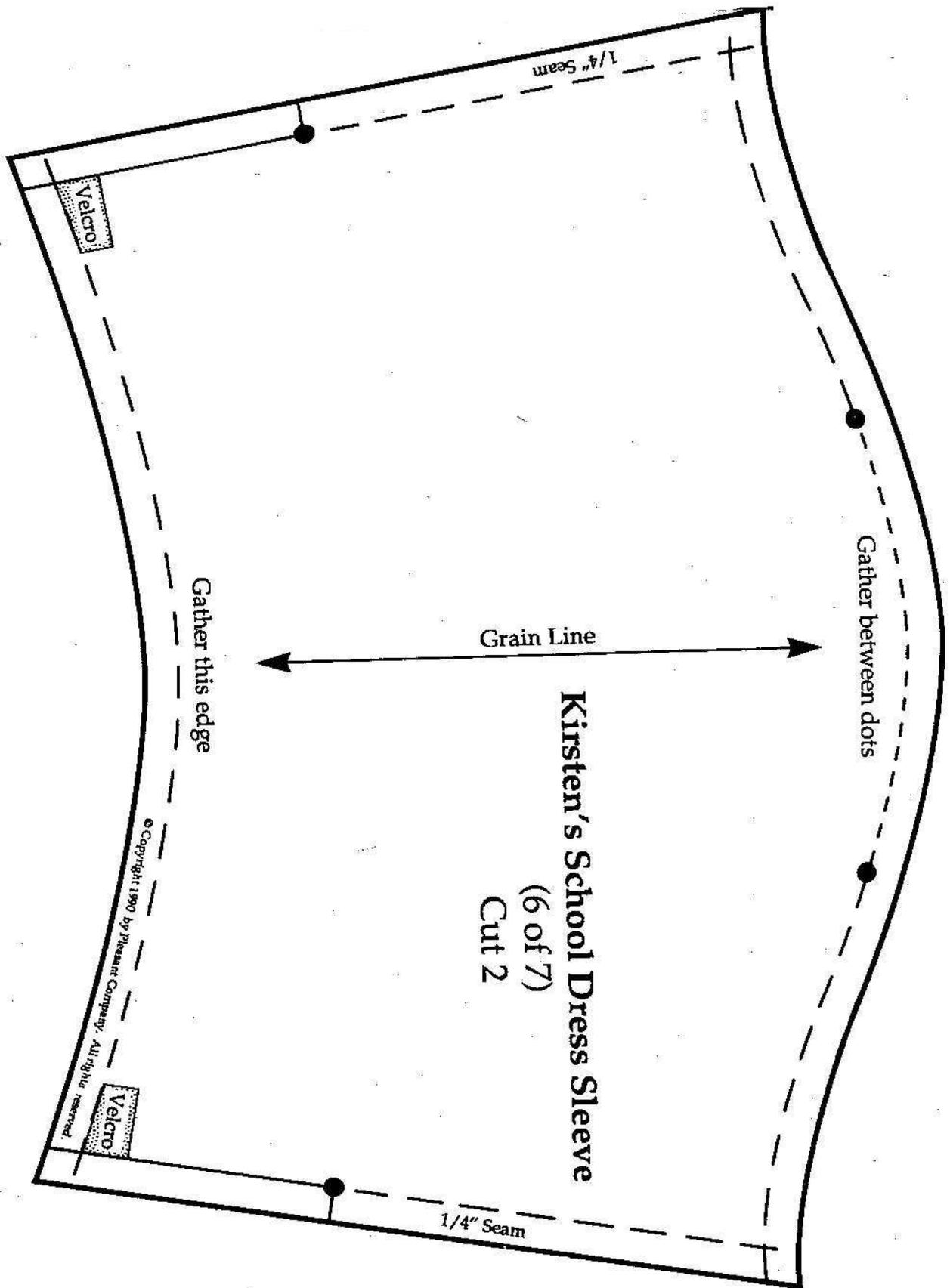
4. All seams are 1/4" unless otherwise indicated. Pin and stitch fabrics with right sides together unless it is otherwise indicated. Wrong sides of fabric are indicated by shading on the diagrams.
5. Knit fabrics require a special sewing technique. Use a ball-point needle and a zigzag stretch stitch.
6. Elastic waistbands are constructed in this manner:



Step 6b







1/4" Seam

Velcro

Gather this edge

Grain Line

Gather between dots

Kirsten's School Dress Sleeve

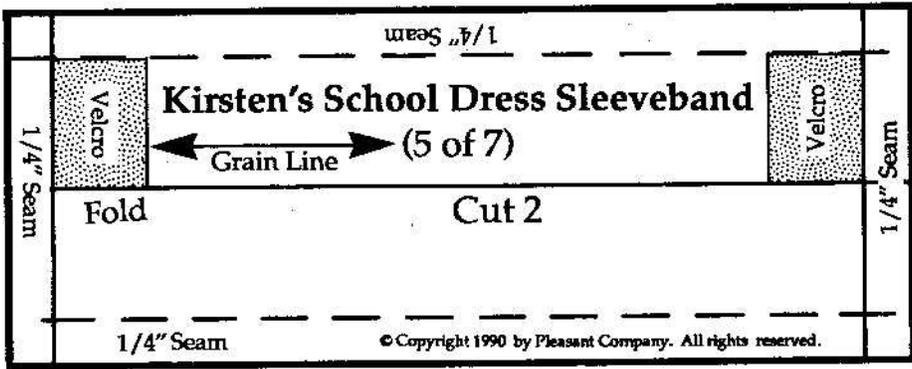
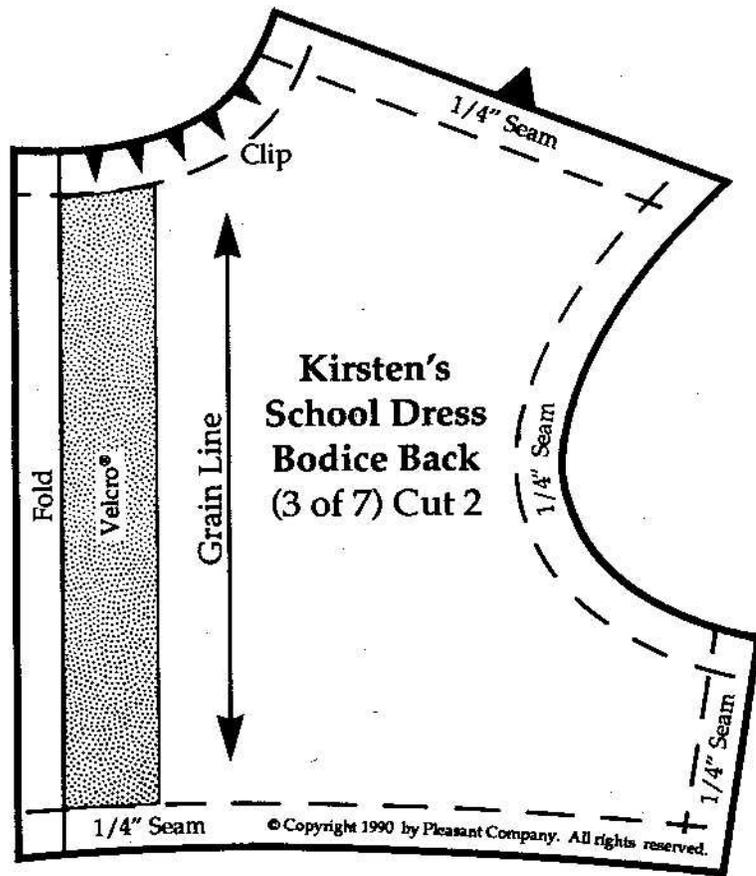
(6 of 7)

Cut 2

1/4" Seam

Velcro

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5/16" Seam

Velcro

Waistband (7 of 7) Cut 1

1/4" Seam

Straight Grain

Center Line

Kirsten's School Dress

1/4" Seam

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Center Line  
↔  
Straight Grain

Waistband (7 of 7) Cut 1

1/4" Seam

Kirsten's School Dress

1/4" Seam



5/16" Seam

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Velcro

Kirsten's School Dress Bottom (Skirt) pattern piece should measure 15 and 7/8" x 9 and 1/4". Cut on fold.

**Kirsten's School Dress Bottom**  
**Cut 1**

Topstitch grow stripe in mat-

5/16" Tuck

Fold

Topstitch grow stripe in mat-

5/16" Tuck

Fold

Fold for hem

Skirt Bottom (Skirt) (1 of 7)  
Cut 1

Place on fold

stripe in matching thread

Fold

stripe in matching thread

Fold

fold for hem

Narrow hem



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THE AMERICAN GIRLS COLLECTION®

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# KIRSTEN'S

## ♥ PRETTY CLOTHES ♥

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### KIRSTEN'S UNDERWEAR:

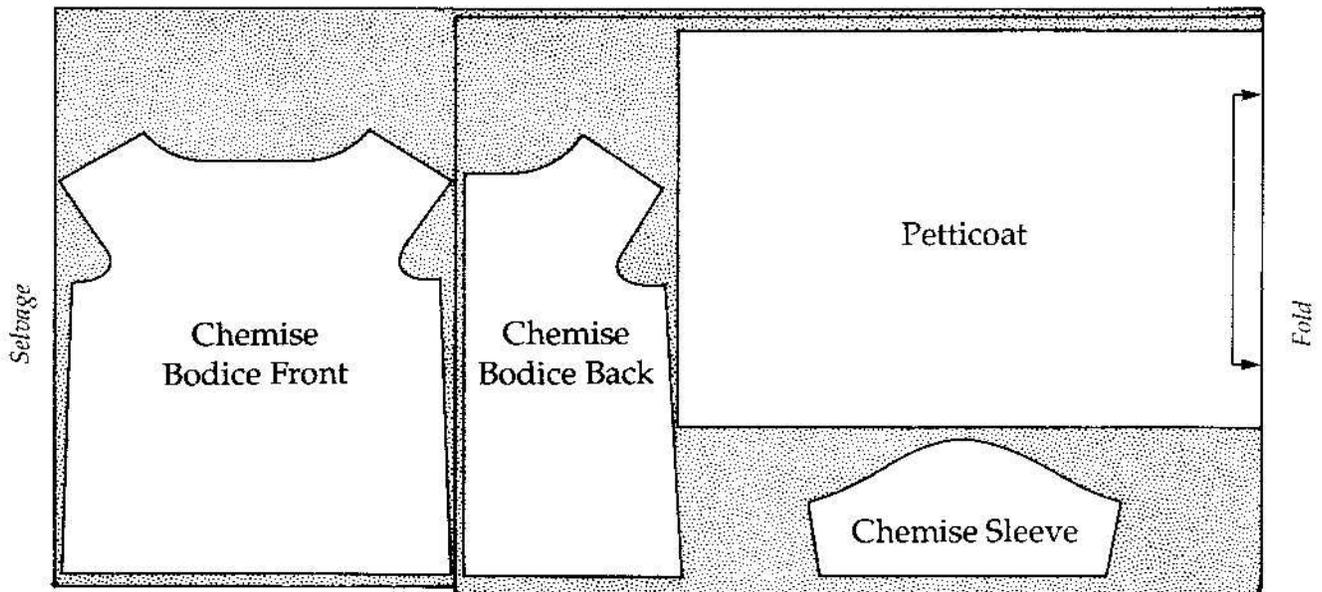
*When frosty winds blew across the prairie, Kirsten snuggled into her flannel underwear. The chemise comes down almost to her knees, and there's a deep quilted border on the petticoat for added warmth. Under these, she wears her white pantalettes, edged with lace.*

*Kirsten's flannel underwear helped keep her warm during the cold Minnesota winters. Mama wove curtains to hang around the beds to keep drafts away, and on cold winter nights Kirsten slept under one of Mama's thick quilts.*

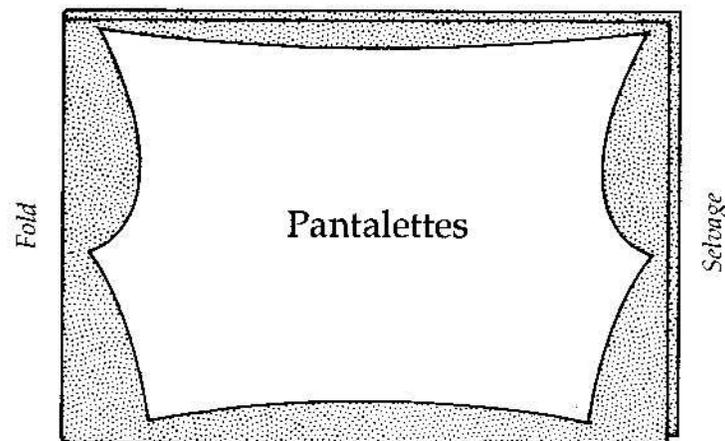


- ♥ **Materials for Chemise & Petticoat:**  
(45" wide yardage)
  - 3/8 yd. white flannel
  - 5/8 yd. 1/4"-wide cotton lace trim
  - 1/4 yd. 1/4"-wide elastic
  - Small white button
  - White thread

- ♥ **Materials for Pantalettes:**  
(45" wide yardage)
  - 1/4 yd. white cotton fabric
  - 1/2 yd. 1"-wide white flat eyelet trim
  - 1/4 yd. 1/4"-wide elastic
  - White thread



*Underwear - Chemise & Petticoat Pattern Layout*

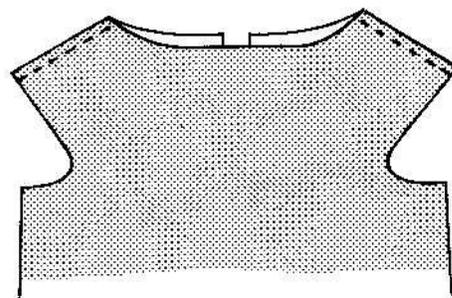


*Underwear - Pantalettes Pattern Layout*

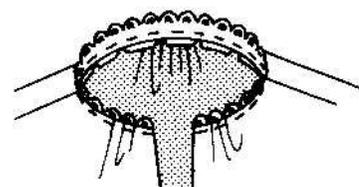
**INSTRUCTIONS :** All seam allowances are 1/4", unless otherwise stated.

## TO MAKE CHEMISE:

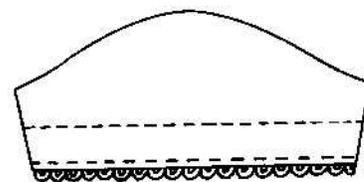
1. Cut pattern pieces from white flannel using pattern layout as a guide.
2. Stitch right sides of bodice together at shoulders.
3. Gather front neckline edge between dots to 2". Gather each back neckline edge between dots to 1". Clip curves. Turn raw edges to inside and baste in place. Pin 1/4"-white cotton lace trim to neckline edge, placing unfinished edge of lace behind folded neckline edge. Topstitch. Remove basting.
4. Fold 3/8" hem at lower edge of each sleeve. Topstitch. Pin 1/4"-wide cotton lace trim to sleeve edge, placing unfinished edge of lace behind folded sleeve edge. Topstitch.
5. Pin sleeves to chemise with right sides together, easing in fullness at the top of each sleeve. Stitch in a 1/4" seam.
6. Stitch underarm and side seams of chemise together between lower edge of sleeve and lower edge of chemise.
7. Stitch back seam closed from dot marked on pattern piece to lower edge, using a 1/4" seam. Backtack to reinforce stitching at opening.
8. Finish back edges of chemise by turning under raw edges of fabric and stitching in a narrow hem.
9. Stitch a small buttonhole on left chemise back and a small button on right chemise back.
10. Finish lower edge of chemise with a narrow hem.



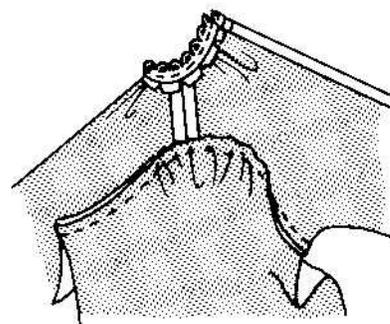
Step 2



Step 3



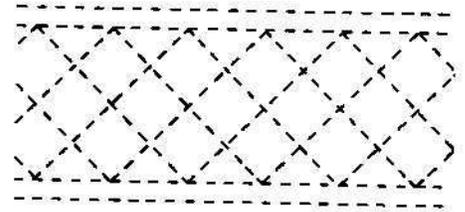
Step 4



Step 5

## TO MAKE PETTICOAT:

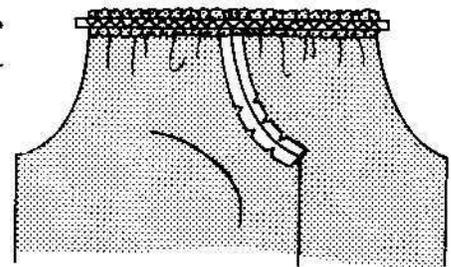
1. Cut pattern piece from white flannel using pattern layout as a guide.
2. Fold 1-1/2" hem at lower edge of petticoat. Using stitching guide printed on the pattern piece and white thread in machine and bobbin, add decorative stitching to petticoat:
  - a. First stitch two rows of stitching above and below grid pattern, 1/8" apart.
  - b. Stitch a 3/8" grid pattern between the rows of decorative stitching.
3. With right sides together, stitch back seam.
4. Make a 1/2" fold along top edge of petticoat. Stitch to form a casing for elastic, as shown on pattern piece. Leave an opening to insert elastic.
5. Pin safety pin to end of a 7" piece of elastic, then pull elastic through casing. Remove safety pin and stitch ends of elastic securely together. Stitch closed the opening in casing.



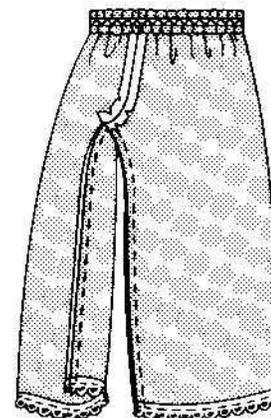
Step 2

## TO MAKE PANTALETTE:

1. Cut pattern pieces from white cotton fabric using pattern layout as a guide.
2. Stitch the two pantalette pieces together in a 1/4" seam along one curved side. Clip curves.
3. Make an elastic waistband using 7" of 1/4"-wide elastic and the technique described in Step 6 of "Sew Right."
4. Fold narrow hem along lower edge of each pantalette leg. Pin 1"-wide flat eyelet trim behind folded edge. Topstitch through all layers.
5. Stitch remaining curved seam at top of pantalettes, securing ends of elastic waistband. Clip curves.
6. Stitch pantalette inseam, including flat eyelet trim. Turn to right side.



Steps 2 & 3

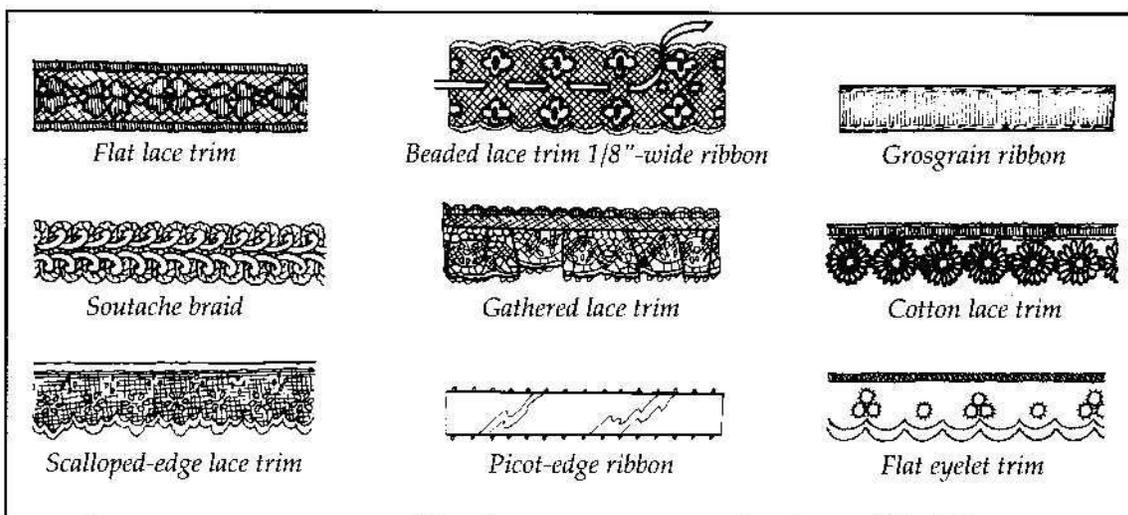


Steps 4, 5 & 6

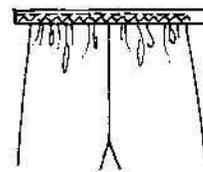
**DOLL BODY MEASUREMENTS:** chest\* 10 1/2" -11 1/2" waist\* 10 1/4" -11 1/2"  
 \*Variances in measurements are due to hand stuffing. hips\* 12 1/4" -12 3/4" wrist 3 3/8"  
 upper arm 4 1/4" neck 5 5/8"  
 head 12 1/2"

## S E W R I G H T

1. Pattern pieces are full size, so it will not be necessary to graph or enlarge patterns. You may wish to fold the pattern paper in half to make complete a pattern piece for those pieces marked "Place on fold."
2. Prewash all fabrics (except wool, taffeta, and velveteen) before using.
3. Study diagrams, then carefully select lace and ribbon trims for the project.



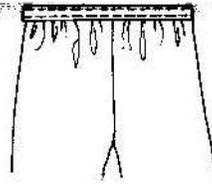
4. All seams are 1/4" unless otherwise indicated. Pin and stitch fabrics with right sides together unless it is otherwise indicated. Wrong sides of fabric are indicated by shading on the diagrams.
5. Knit fabrics require a special sewing technique. Use a ball-point needle and a zigzag stretch stitch.
6. Elastic waistbands are constructed in this manner:



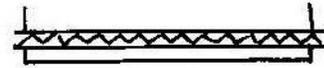
Step 6b

in directions.

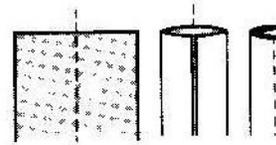
- b. Stitch to raw edges of pants top with zigzag stitch, stretching elastic as you stitch.
  - c. Turn elastic to inside.
  - d. Stitch to pants with straight stitch at both top and bottom of elastic, again stretching elastic as you stitch.
7. Sleeves, bloomers, and pantalette bottoms are gathered in this manner:
- a. Cut 1/4"-wide elastic to size indicated on directions.
  - b. Zigzag over elastic, stretching elastic as you stitch, near pant or sleeve edges.
8. A doublefold fabric method is used to make neckbands, sleevebands, waistbands, and straps. Prepare fabric in this manner:
- a. Press a crease down the center of fabric. Open fabric so that it is flat, wrong side facing up.
  - b. Fold raw edges over to crease line. Press.
  - c. Crease in half along original crease line. Press.
  - d. Pin to fabric being encased, enclosing skirt, sleeve, or neck edges inside doublefold fabric. Stitch through all layers along folded edge.
9. For Velcro® closings, cut Velcro to specified length. Stitch loop side of Velcro to right side of back opening, following placement given on pattern piece, and placing hook side of Velcro on the left side of back opening. Stitch close to finished edge of garment.



Step 6d



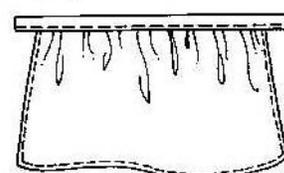
Step 7



Step 8a

8b

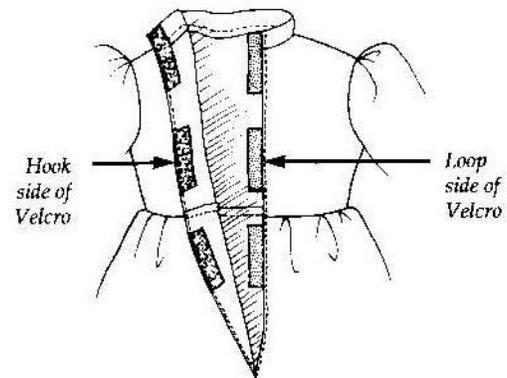
8c



Encase gathered edges in doublefold strip

8d

Step 8



Step 9

**Designer Credit Note:**

Kirsten's dresses were made by hand by Mama, since there were few sewing machines in those days. Pleasant Company's designers have used "grow stripes" in their styles, just like Mama, since Kirsten's clothes had to last a long time. These designs were adapted into sewing patterns by Nancy J. Martin, noted craft designer and quilter.

1/4" Seam

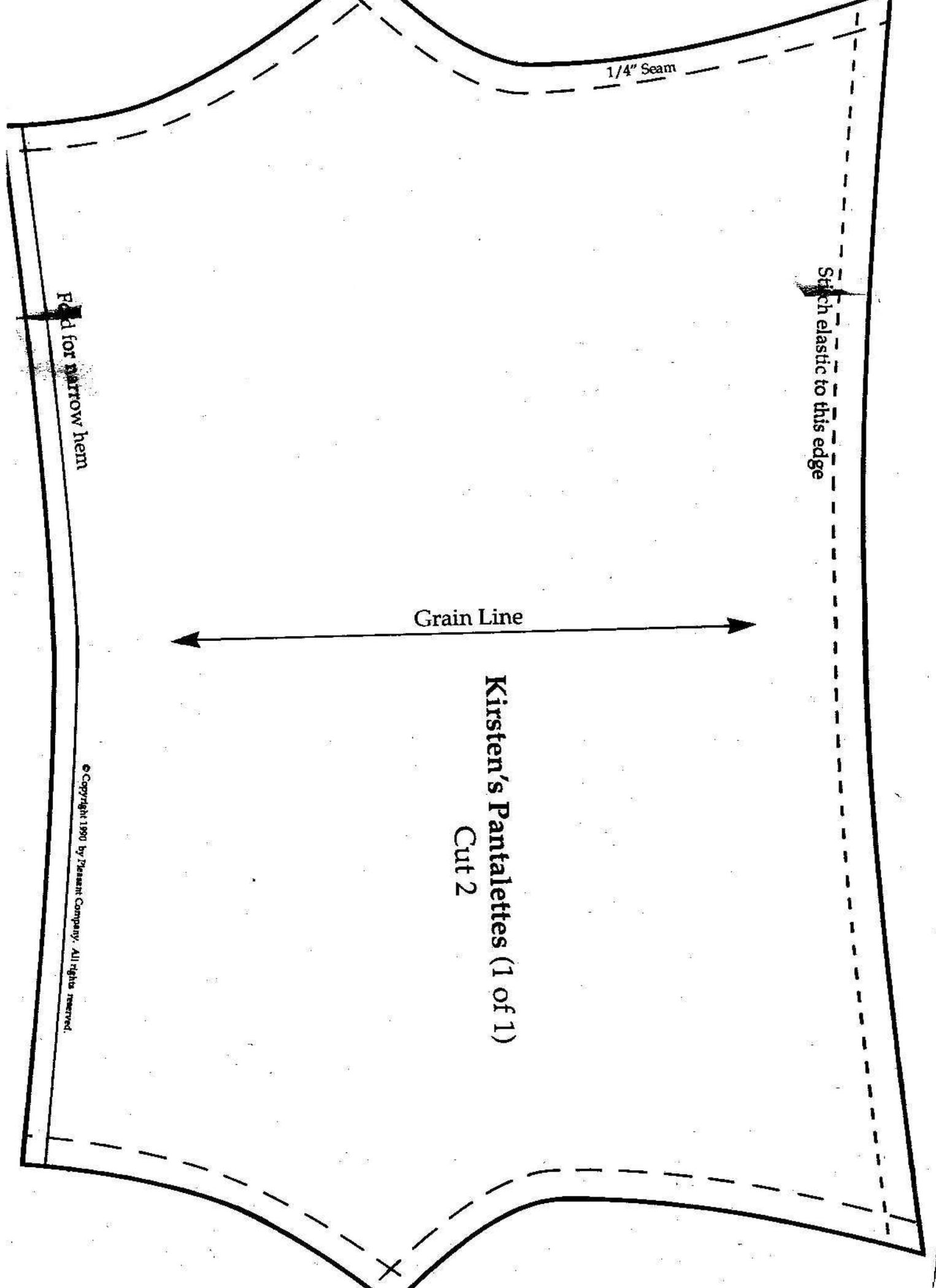
Stitch elastic to this edge

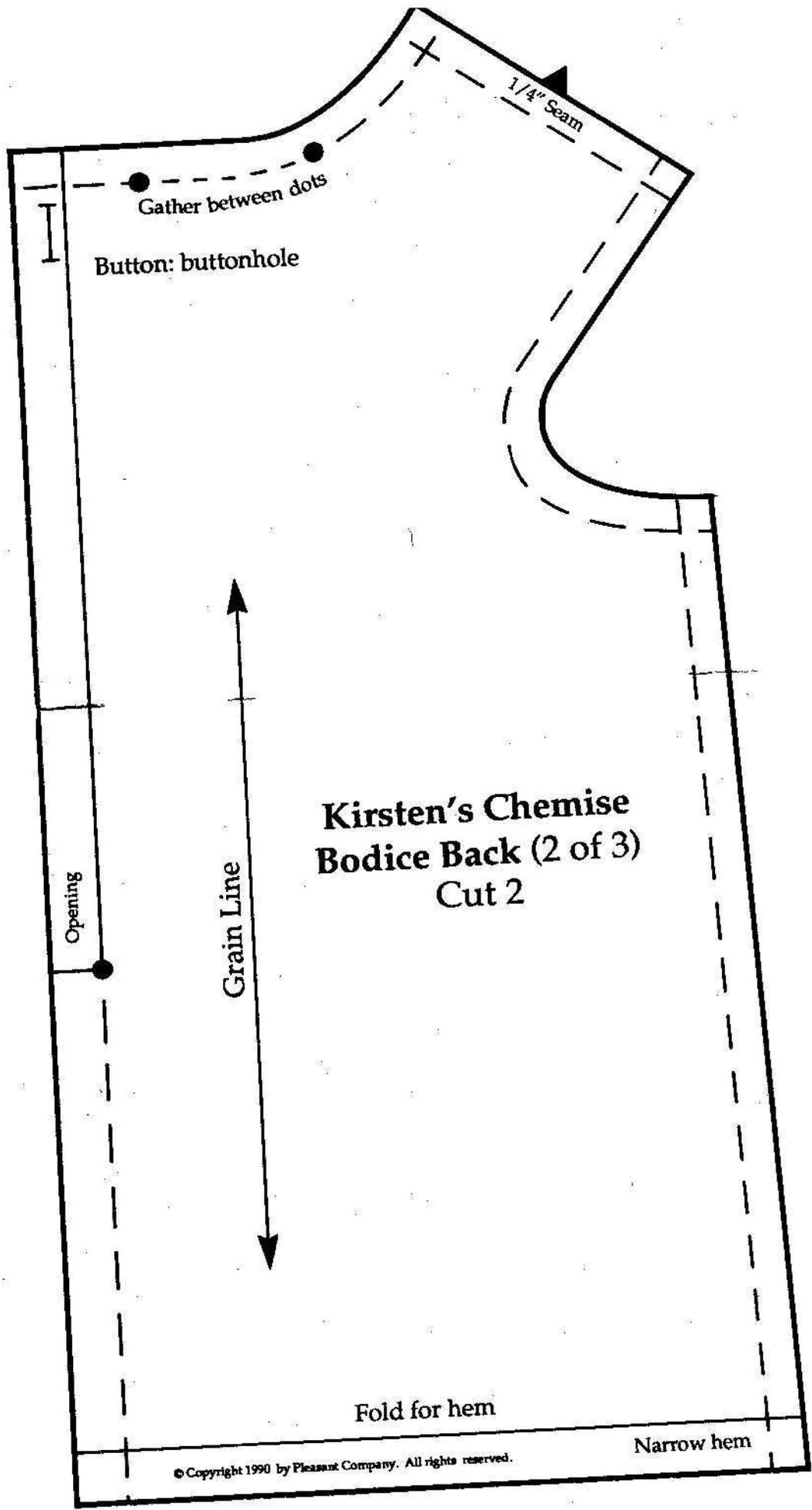
Fold for narrow hem

Grain Line

Kirsten's Pantalettes (1 of 1)  
Cut 2

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Gather between dots  
Button: buttonhole

1/4" Seam

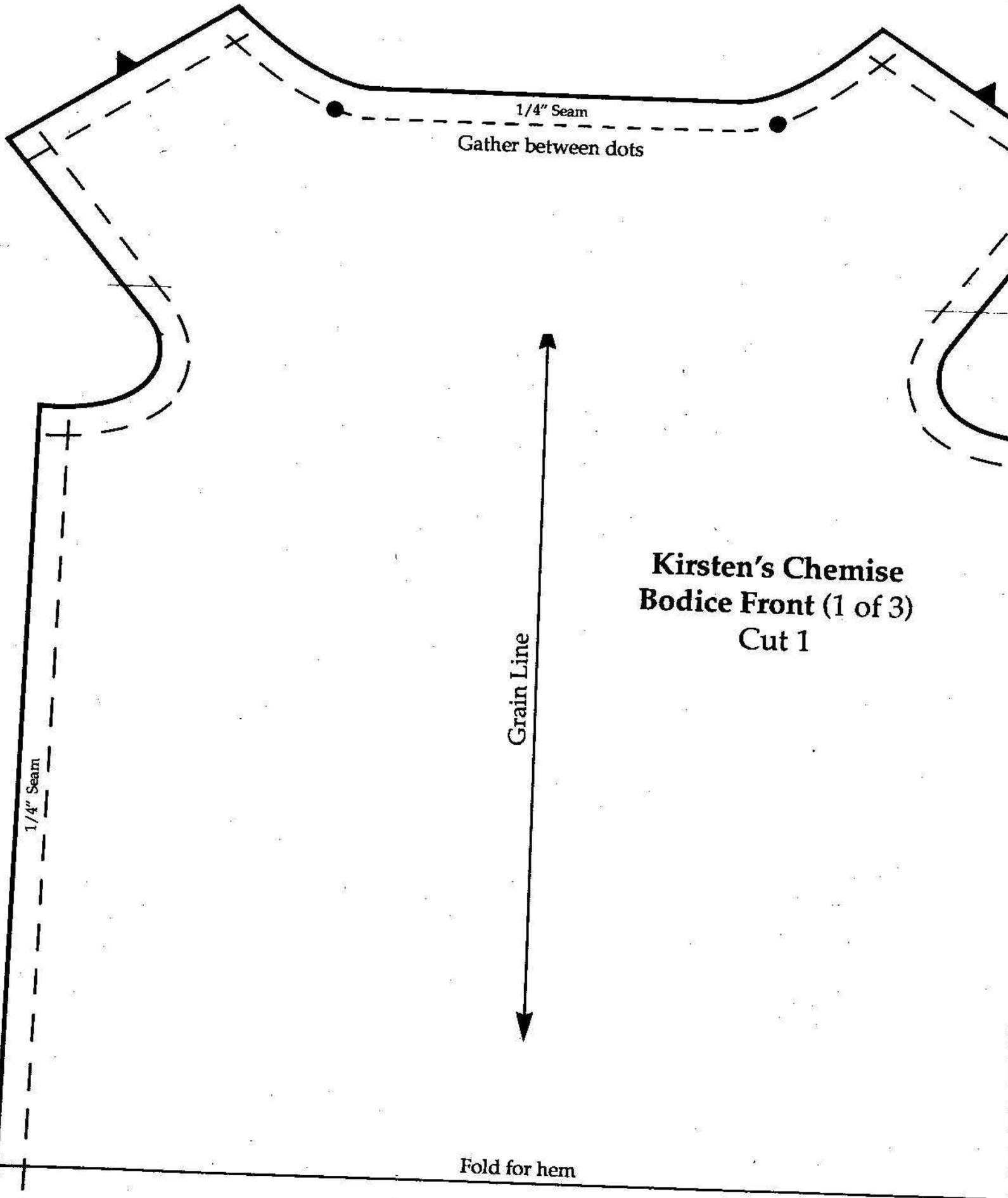
Opening

Grain Line

**Kirsten's Chemise  
Bodice Back (2 of 3)  
Cut 2**

Fold for hem

Narrow hem



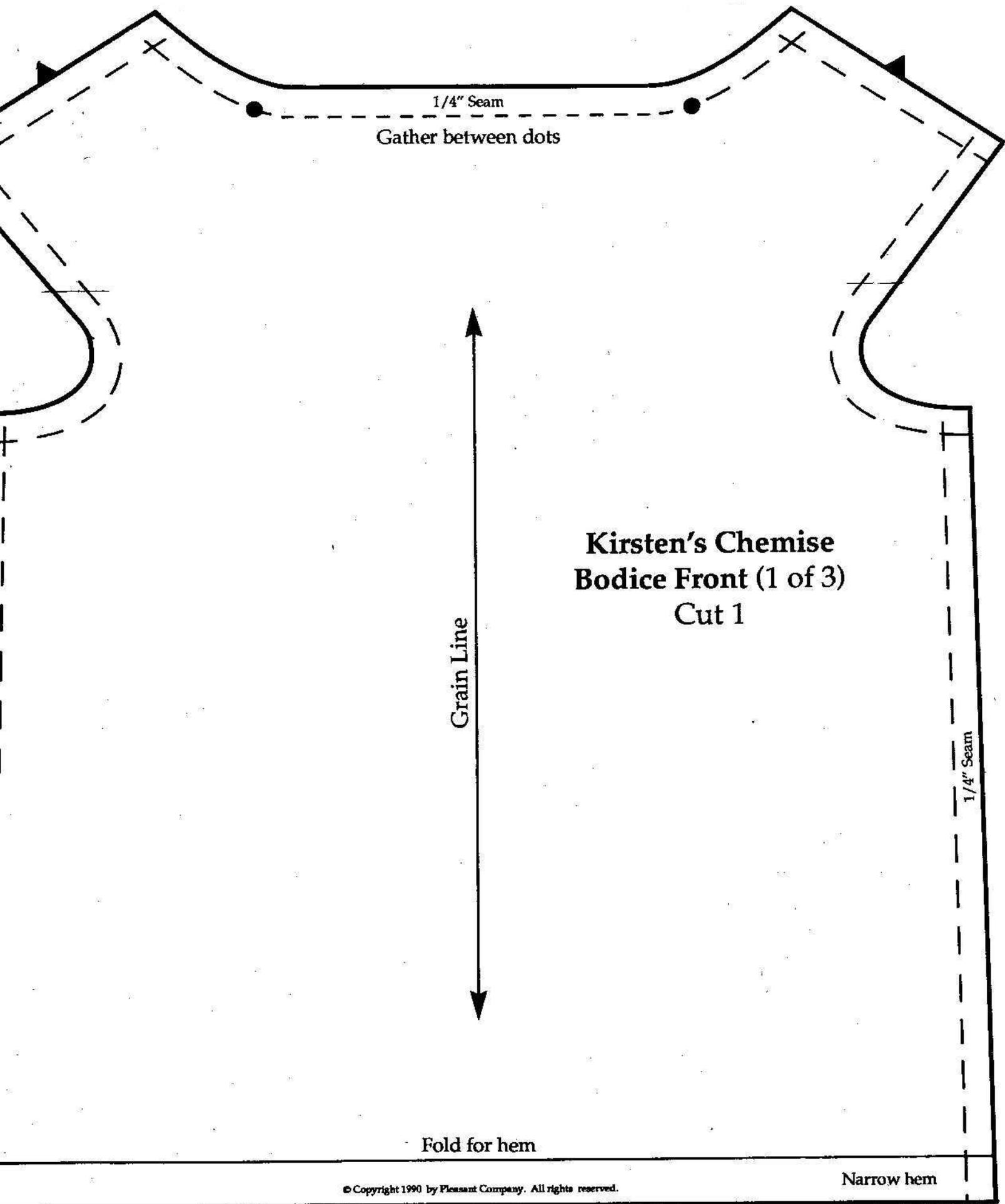
1/4" Seam  
Gather between dots

1/4" Seam

Grain Line

**Kirsten's Chemise  
Bodice Front (1 of 3)  
Cut 1**

Fold for hem



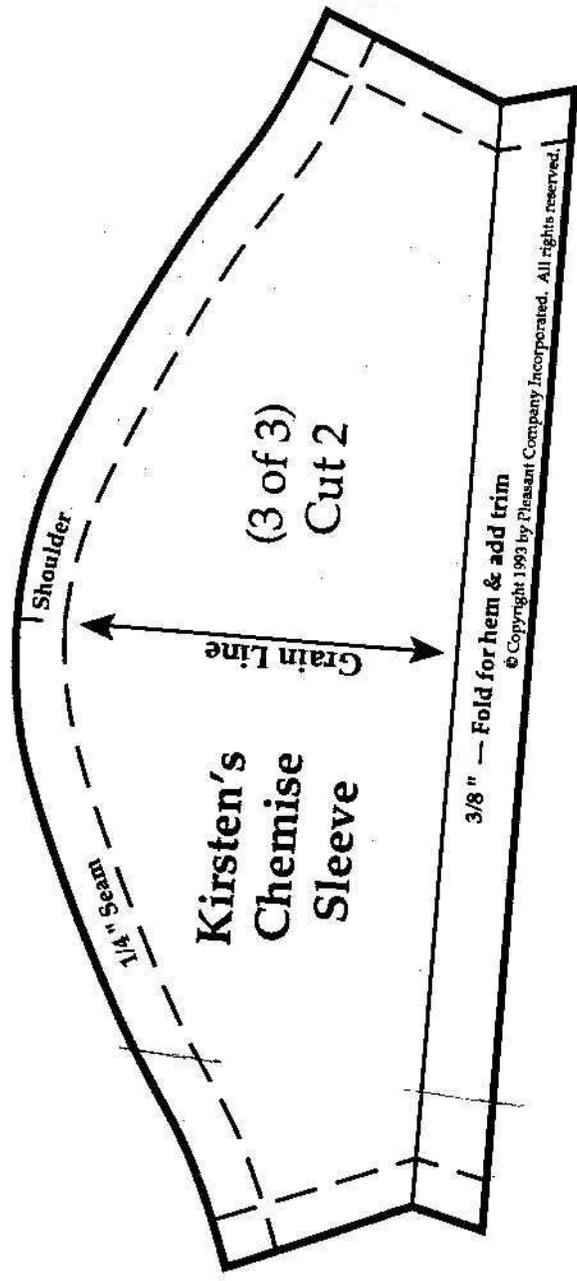
**Kirsten's Chemise  
Bodice Front (1 of 3)  
Cut 1**

Grain Line

Fold for hem

1/4" Seam

Narrow hem



Shoulder

(3 of 3)  
Cut 2

Grain Line

Kirsten's  
Chemise  
Sleeve

1/4" Seam

3/8" - Fold for hem & add trim

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1/4 Seam

1/2 Fold

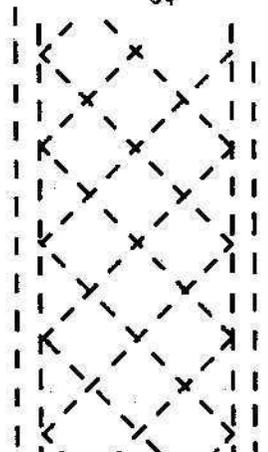
This piece should measure 8 and 3/4" x 13" total. This includes a 1 and 1/2" hem, a 1/2" fold at the waist and a 1/4" seam allowance. Cut on fold.

Fold for hem

Stitching line for elastic casing

### Kirsten's Petticoat (1 of 1) Cut 1

Decorative stitching  
(white on white)  
along border



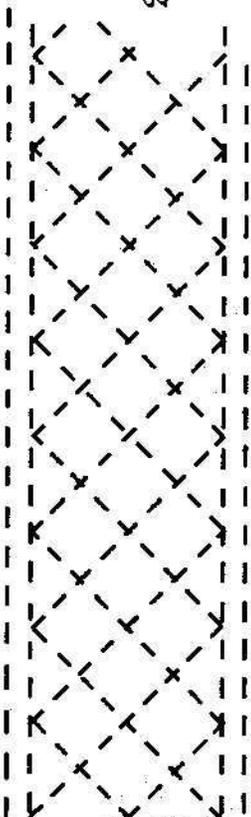
1-1/2"

Stitching line for elastic casing

# Kirsten's Petticoat

(1 of 1) Cut 1

Decorative stitching  
(white on white)  
along border



1-1/2"

Place on fold

or hem